

SURREY

Connect

A Nonprofit Organization

November 2025

New Surrey Partnership for Cognitive Health

Main Line Health & Bryn Mawr
Family Practice present

Brain Health Assessments

Thursday, November 20
at THREE SURREY
Locations

Broomall • Bryn Mawr • Devon

A significant portion of
brain health is determined
by lifestyle and environmental
choices that are within
your control.

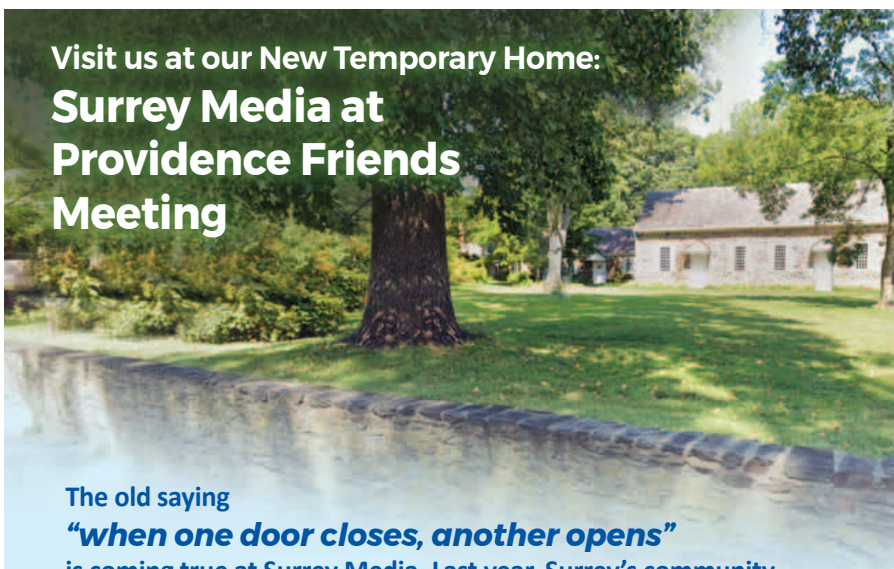
This innovative program will
enable participants to receive
a cognitive health assessment
from a physician. Armed with this
information, participants can take
advantage of the many lifestyle,
nutrition, and cognitive programs
that Surrey offers to help keep
their minds healthy and strong.

Call your center
(see the calendar grids)
to schedule a private,
30-minute cognitive
assessment with a physician
Appointments will begin at
9:45 am and end before lunch.
Appointments are limited.

Brain healthy snacks,
Better Memory resources, exercise
examples, and tips for keeping your
mind sharp also will be available.

Visit us at our New Temporary Home:

Surrey Media at Providence Friends Meeting



The old saying

“when one door closes, another opens”

is coming true at Surrey Media. Last year, Surrey’s community
partner and landlord, The Media Fellowship House, decided to
renovate and expand. Surrey needed to relocate.

Surrey staff, board, top Delco realtors, and members of the Delaware
County Council began a search for a new location that was affordable,
accessible, and had enough space for simultaneous programs, a café,
Home Delivered Meals, and space to socialize. ***In Spring 2026, Surrey
Media will move into its new permanent home. Watch for more
information as we share news about this exciting move.***

In the meantime, Surrey Media is going to move ***temporarily*** into the
Providence Friends Meeting House on 105 North Providence Road --
only 4 minutes from the current center.

As a community, we have work ahead. The new, larger location is
significantly more expensive than the current two-room center.
The need for affordable services, rides, and meals, is growing
exponentially. Last year, Surrey had a 177% increase in older adults
who needed subsidized memberships. That number is expected to
grow as inflation increases, and social safety-net programs are cut.
Currently, 96,358 people in Delaware County are age 65 and older,
roughly 18% of the county population.

**We need everyone’s help to make this new center the success that
we know it can be. Volunteering, contributing to Surrey’s Holiday
Appeal, becoming a monthly donor, or connecting our fund-raising
staff with a corporate sponsor are ways each of us can help build the
future we want to grow older in.**

VOLUNTEERING is Good For Your Health!

If you've spent time with any Surrey volunteer, you know they feel good about what they are doing. Did you know that scientific research has proven that volunteering is good for your health? Volunteers help themselves while helping others, according to a study by the Corporation for National and Community Service. The report shows that volunteers have greater longevity, higher functional ability, lower rates of depression and less incidence of heart disease.

"Volunteering makes the heart grow stronger," said David Eisner, CEO of the Corporation. A study of adults aged 65 and older found that the positive effects on both physical and mental health are due to the personal sense of accomplishment the individual gains. Those over 70 who volunteered for 100 hours per year, or about two hours per week, experienced lower levels of depression, had more longevity and enjoyed significant health benefits.

"Civic engagement and volunteering is the new hybrid health club for the 21st century that's free to join," says Thomas H. Sander, executive director of the Saguaro Seminar at Harvard University. "Research shows it miraculously improves both your health AND the communities through the work performed and social ties built."

Researchers have also found that when patients with chronic or serious illness volunteer, they receive benefits beyond what can be achieved through medical care. A Duke University study found that those who volunteered after experiencing a heart attack reported reductions in despair and depression, two factors that are linked to mortality in post-coronary artery disease patients.

The hurdle most people face is finding a volunteer opportunity that engages them enough so that they continue with the activity. At Surrey, there are opportunities covering a myriad of interests. Volunteer drivers and kitchen assistance are always needed. Other people pack and deliver meals to homebound seniors or work in offices helping with administrative support. A retired artist teaches an art class, Surrey Consignment Shop is manned by volunteers, and volunteers are key for Surrey's fundraising events. A simple phone call means the world to homebound seniors, which is something volunteers do too.

Whatever your passion, you can help make a difference as a volunteer. Find your fit with Surrey.

For more information on volunteering at Surrey, contact Patti at 484-321-6106 or email pzubey@surreyservices.org



Holiday House Cleaning

Surrey offers cleaning services to keep you or your loved ones spaces neat and clean. With the holidays around the corner, getting a home in order in order can be overwhelming. Let Surrey give you an assist with House Cleaning Services through Surrey Home Care. Surrey's Client Care Coordinators can help create a plan to help keep your home clean and neat. The fee for cleaning is \$36 per hour.

For Surrey Home Care House Cleaning questions, call us at 610-647-9840 or visit surreyhomecare.org.



- Thorough cleaning of kitchen (*including floors, appliances, countertops, etc.*)
- Thorough cleaning of bathroom(s) (*including tub/shower, sinks, mirrors, toilet, floor, etc.*)
- Dust and vacuum all rooms
- Sweep and clean all hardwood/tile floors (*including doorframes and baseboards*)
- Shake out dust from area and throw rugs
- Collect and remove all trash and recyclables
- Personal and household laundry
- Linen change and make the bed
- Clean closets, run dishwasher and other tasks at clients request

New Surrey Honorary Board Member

For Jeanne Beachler, volunteering at Surrey after she retired was a no-brainer. And for good reason. Jeanne's aunt, Jeanne LaRouche, founded Surrey in 1981.



Jeanne has been active in multiple volunteer roles. She was a driver; made friendly phone calls and scheduled appointments; helped launch Surrey's weekend Respite Care program; was on the volunteer recognition and ambassador committees; and served on Surrey's Board of Directors. She was always ready to assist, often taking emergency requests for volunteer rides from members who needed help.

Jeanne recently moved to California to be closer to family. In honor of her work and commitment, the Surrey Board of Directors unanimously voted to make Jeanne an Honorary Board Member. We are so grateful to Jeanne for all that she has contributed.

Jeanne and a volunteer with Respite Care participants in 2018.

Make Family Gatherings Less Stressful: Holiday Caregiver Tips

Caring for a loved one with dementia or Alzheimer's during the holidays has rewards and challenges. Experts from AARP share some suggestions to make the holidays a time with less stress for caregivers.

- **Maintain routine:** Try to keep a normal routine as much as possible.
- **Plan smaller events:** Smaller gatherings can be less stressful, noisy, and overwhelming.
- **Create a safe space:** Avoid fragile decorations, blinking lights, and anything that could be mistaken for food.
- **Involve them:** Ask for help with preparations, like wrapping gifts, setting the table, or preparing food.
- **Consider their preferences:** Plan festivities at a time that is best for them. People with cognitive issues can experience "sundowning", a state of confusion that occurs later in the day making an evening event difficult.
- **Care for yourself:** Ask for help from a family member or friend. Call Surrey Home Care at 610-647-9840 for information about respite care.

**Join us for November Caregiver Support Group:
HANDLING THE HOLIDAYS**

Tuesday, November 11 • Devon • 10 – 11:30

Wednesday, November 19 • Bryn Mawr • 10 – 11:30



Holiday House Tour & Shops 2025

**The Surrey Holiday Shop
FREE ADMISSION**

**Friday, December 5 • 10 to 4
St. David's Church Hall**

763 South Valley Forge Road, Wayne

*Shop for the perfect gifts,
home decor, delicious treats,
and so much more!*

Visit our Wreath collection at the Holiday Shop! Local designers will decorate fabulous, faux-wreaths in 18-inch, 24-inch and 30-inch sizes that will look great with your decor year after year! All proceeds benefit Surrey.

**SPONSORSHIP OPPORTUNITIES
for the Holiday House Tour
are still available.**

**Visit surreyservices.org
for more information.**

DEVON – November 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

New Surrey Partnership for Cognitive Health
Main Line Health & Bryn Mawr Family Practice present

Brain Health Assessments

by appointment, and Guidance at Surrey Devon

Thursday, November 20 at Surrey Devon

A significant portion of brain health is determined by lifestyle and environmental choices that are within your control.

Call 610-647-6404

to schedule a private, 30-minute
cognitive assessment with a physician.
Appointments will begin at 9:45 am
and end before lunch.
Appointments are limited.

Fitness Center, 8:30-4:30
PA MEDI (Medicare) by appt.
Wake Up with Surrey, 9-9:45
International Dance, 10-10:45
Walkie-Talkie Walking Club, 10:30-11:15
Balance & Flow, 11-11:45
Café Lunch/GnGo, 11:30-12:30
Veteran's Monthly Lunch, 11:30-12:30 (\$5 for veterans today)
A Matter of Balance, 12:30-2:30
Bridge Club, 12:30-3
Ticket to Ride Game, 12:45-2:15
Watercolor Class, 12:45-2:15
Mah-jong, 12:45-3:30

Turkey Divan

Fitness Center, 8:30-4:30
Fitness Trainer by appt.
PA MEDI (Medicare) by appt.
Wake Up with Surrey, 9-9:45
SilverSneakers®, 10-10:45
Knitting/Crocheting Club, 10:30-12
Stronger Memory, 10:45-11:30
Stretch This/Not That, 11-11:45
Café Lunch/GnGo, 11:30-12:30
Rummikub, 12:45-3
Tom's Monthly Movie, 12:45-2:30

Italian Sausage Lasagna

Fitness Center, 8:30-4:30
Wake Up with Surrey, 9-9:45
Line Dancing, 10-10:45
Garden Club on Patio, 10
Strength & Balance with Christina, 11-11:45
Café Lunch/GnGo, 11:30-12:30
Ticket to Ride Game, 12:45-2:15
Tai Chi for Balance, 1-1:45
Wednesday Woof Pack, 1-1:30
French Club, 1-2:30
Chair Yoga with Liz, 2-2:45

Chef Pedro's Meatloaf

Fitness Center, 8:30-4:30
Fitness Trainer by appt.
CVIM Dental Appts., 8:30-2:30
Wake Up with Surrey, 9-9:45
SilverSneakers®, 10-10:45
Better Back Floor Yoga, 11-11:45
Café Lunch/GnGo, 11:30-12:30
A Matter of Balance, 12:30-2:30
After Lunch Walk, 12:45-1:15
Scrabble, 12:45-3 | Pinochle, 12:45-3
Rummikub, 12:45-3
German Club 1:30-3

Pizza

Fitness Center, 8:30-4:30
PA MEDI (Medicare) by appt.
Wake Up with Surrey, 9-9:45
International Dance, 10-10:45
Walkie-Talkie Walking Club, 10:30-11:15
Balance & Flow, 11-11:45
Café Lunch/GnGo, 11:30-12:30
A Matter of Balance, 12:30-2:30
Bridge Club, 12:30-3
NEW! Spanish Club, 1-2:30
Ticket to Ride Game, 12:45-2:15
Watercolor Class, 12:45-2:15
Mah-jong, 12:45-3:30

Annual Veteran's Dinner, 5:30 - 7:30
Quiche

Fitness Center, 8:30-4:30
Fitness Trainer by appt.
PA MEDI (Medicare) by appt.
Wake Up with Surrey, 9-9:45
SilverSneakers®, 10-10:45
Knitting/Crocheting Club, 10:30-12
Caregiver Support Group, 10-11:30
Medicine Take-Back, 10:30-11:30
Stronger Memory, 10:45-11:30
Stretch This/Not That, 11-11:45
Café Lunch/GnGo, 11:30-12:30
Classical Music, 12:45-2

Southwestern Chicken Wrap

Fitness Center, 8:30-4:30
Wake Up with Surrey, 9-9:45
Line Dancing, 10-10:45
Garden Club: Seed Saving, 10-11
Medicine Take-Back, 10:30-11:30
Strength & Balance with Christina, 11-11:45
Café Lunch/GnGo, 11:30-12:30
Speaker Series: Avoiding the NEW Scams, 12:45-1:45
Ticket to Ride Game, 12:45-2:15
Tai Chi for Balance, 1-1:45
French Club, 1-2:30
Chair Yoga with Liz, 2-2:45

Vegetable Stromboli

Fitness Center, 8:30-4:30
Fitness Trainer by appt.
CVIM Dental Appts., 8:30-2:30
Wake Up with Surrey, 9-9:45
SilverSneakers®, 10-10:45
Better Back Floor Yoga, 11-11:45
Café Lunch/GnGo, 11:30-12:30
A Matter of Balance, 12:30-2:30
After Lunch Walk, 12:45-1:15
Scrabble, 12:45-3 | Pinochle, 12:45-3
Rummikub, 12:45-3
German Club, 1:30-3

BBQ Chicken

Fitness Center, 8:30-4:30
PA MEDI (Medicare) by appt.
Wake Up with Surrey, 9-9:45
International Dance, 10-10:45
Walkie-Talkie Walking Club, 10:30-11:15
Balance & Flow, 11-11:45
Café Lunch/GnGo, 11:30-12:30
A Matter of Balance, 12:30-2:30
Bridge Club, 12:30-3
NEW! Spanish Club, 1-2:30
Ticket to Ride Game, 12:45-2:15
Watercolor Class, 12:45-2:15
Mah-jong, 12:45-3:30

Beef Stroganoff

Fitness Center, 8:30-4:30
Fitness Trainer by appt.
PA MEDI (Medicare) by appt.
Wake Up with Surrey, 9-9:45
SilverSneakers®, 10-10:45
Knitting/Crocheting Club, 10:30-12
Stronger Memory, 10:45-11:30
Stretch This/Not That, 11-11:45
Café Lunch/GnGo, 11:30-12:30
No Reading Book Club, 12:45-2
Rummikub, 12:45-3
Hand & Foot Canasta, 12:45-3

Eggplant Parmesan

Fitness Center, 8:30-4:30
Wake Up with Surrey, 9-9:45
Line Dancing, 10-10:45
Garden Club on Patio, 10
Strength & Balance with Christina, 11-11:45
Café Lunch/GnGo, 11:30-12:30
Speaker Series: Armchair Traveler, 12:45-1:45 (see sidebar)
Ticket to Ride Game, 12:45-2:15
Tai Chi for Balance, 1-1:45
French Club, 1-2:30
Chair Yoga with Liz, 2-2:45

Orange Chicken

Fitness Center, 8:30-4:30
Fitness Trainer by appt.
CVIM Dental Appts., 8:30-2:30
Wake Up with Surrey, 9-9:45
SilverSneakers®, 10-10:45
SPECIAL: Brain Health Assessment and Guidance by appointment
Better Back Floor Yoga, 11-11:45
Café Lunch/GnGo, 11:30-12:30
A Matter of Balance, 12:30-2:30
After Lunch Walk, 12:45-1:15
Scrabble, 12:45-3 | Pinochle, 12:45-3
Rummikub, 12:45-3
German Club, 1:30-3

Tuna Melt

Fitness Center, 8:30-4:30
PA MEDI (Medicare) by appt.
Wake Up with Surrey, 9-9:45
International Dance, 10-10:45
Walkie-Talkie Walking Club, 10:30-11:15
Balance & Flow, 11-11:45
Café Lunch/GnGo, 11:30-12:30
Bridge Club, 12:30-3
NEW! Spanish Club, 1-2:30
Ticket to Ride Game, 12:45-2:15
Watercolor Class, 12:45-2:15
Mah-jong, 12:45-3:30

Chicken Alfredo

Fitness Center, 8:30-4:30
Fitness Trainer by appt.
Wake Up with Surrey, 9-9:45
SilverSneakers®, 10-10:45
Knitting/Crocheting Club, 10:30-12
Stronger Memory, 10:45-11:30
Stretch This/Not That, 11-11:45
Café Lunch/GnGo, 11:30-12:30
Classical Music, 12:45-2

A Traditional Turkey Feast
Pre-register to reserve your seat

Fitness Center, 8:30-4:30
Wake Up with Surrey, 9-9:45
Line Dancing, 10-10:45
Garden Club on Patio, 10
Strength & Balance with Christina, 11-11:45
Café Lunch/GnGo, 11:30-12:30
Ticket to Ride Game, 12:45-2:15
Tai Chi for Balance, 1-1:45
French Club, 1-2

Surrey Closes at 2
Turkey Tetrazzini or
Veggie Cheese Burgers



FRIDAY



7

Fitness Center, 8:30-4:30

Wake Up with Surrey, 9-9:45

Coffee, Crosswords & Tablets 10-10:45

Line Dancing, 10-10:45

SilverSneakers® Classic, 11-11:45

Café Lunch/GnGo, 11:30-12:30

Watercolor Class, 12:45-2:15

Writer's Workshop, 12:45-2:15

Bridge, 12:30-3:30

Mah-jong, 12:45-3:30

Qigong, 1-1:45

Chicken Florentine

14

Fitness Center, 8:30-4:30

CVIM Dental Appts., 8:30-2:30

Wake Up with Surrey, 9-9:45

Coffee, Crosswords & Tablets 10-10:45

Line Dancing, 10-10:45

SilverSneakers® Classic, 11-11:45

Café Lunch/GnGo, 11:30-12:30

Monthly Book Club, 12:45-2

Watercolor Class, 12:45-2:15

Writer's Workshop, 12:45-2:15

Bridge, 12:30-3:30

Mah-jong, 12:45-3:30

Qigong, 1-1:45

Grilled Halouski (Ham)

21

Fitness Center, 8:30-4:30

Wake Up with Surrey, 9-9:45

Coffee, Crosswords & Tablets 10-10:45

Line Dancing, 10-10:45

SilverSneakers® Classic, 11-11:45

Café Lunch/GnGo, 11:30-12:30

Watercolor Class, 12:45-2:15

Writer's Workshop, 12:45-2:15

Bridge, 12:30-3:30

Mah-jong, 12:45-3:30

Qigong, 1-1:45

Celebrate November Birthdays

Apple & Bacon Stuffed Pork



SURREY CLOSED
November 27 & 28

November Speaker Series

Seed Saving Workshop

Wednesday, November 12 • 10 – 11

Get together with the Garden Club to learn how to save seeds! Practice on pumpkin, tomato, and basil seeds which will grow in Surrey's 2026 garden. Bring your favorite pumpkin to the meeting to gather seeds for pumpkin planting in the summer.

Avoiding the NEW Scams

Wednesday, November 12 • 12:45 – 1:45

Craig Saxer returns to update us on the latest scams that use AI to be more difficult to identify. Learn how to avoid scams and protect yourself should you encounter one.

The Armchair Traveler: Tour Tanzania and Kenya (without jet lag)

Wednesday, November 19 • 12:45 – 1:45

Join Hy Goldberg for a tour of two of his favorite destinations.

Wednesday Woof Pack

Most Wednesday Afternoons • 1 – 1:30

Fuzzy-Wuzzy Tail Wagging love from Remmy in the Lobby.

Lincoln the Goldendoodle returns in May.

Tom's Monthly Movie Pick: F1

Tuesday, November 4 • 12:45 start (runtime 1 hr. 38 mins.)

Sonny Hayes was a promising F1 driver until an accident nearly ended his career. Thirty years later, a struggling Formula 1 team convinces Sonny to return to racing.

NEW! Spanish Class

Mondays, November 10, 17, 24 • 1 – 2:30

Rosa, a native speaker from Argentina, leads this new group.

Annual Veterans Day Dinner

Monday, November 10 • 5:30 – 7:30

This popular annual event features live jazz music, appetizers, and cocktails, followed by a gourmet three course meal. Table service by cadets from the Valley Forge Military Academy. Sponsored by the Surrey Valor Fund.

Call 610-647-6404 to reserve your seat. \$20 per person. All are welcome.

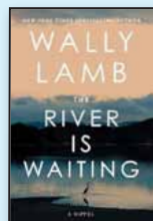
Caregiver Support Group: Handling the Holidays

Tuesday, November 11 • 10 – 11:30

Medication Take-Back

Tuesday, November 11 and Wednesday, November 12 • 10:30 – 11:30

Safely dispose of medications by bringing them for supervised collection by Officer Butler from the Tredyffrin Police Department.



Book Club

Friday, November 14

12:45 – 2

The River is Waiting

by Wally Lamb

No Reading Book Club

Tuesday, November 18 • 12:45 – 2

Meet the new co-leaders of the club and help decide on a new name and topics for this popular discussion group.

WAKE UP
With Surrey

Come for coffee, conversation, and snacks . . .

and sign in to "Wake Up with Surrey" in CoPilot. *Thanks!*

BRYN MAWR – November 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

New Surrey Partnership for Cognitive Health
Main Line Health & Bryn Mawr Family Practice present

Brain Health Assessments

by appointment, and Guidance at Surrey Bryn Mawr

Thursday, November 20 at Surrey Bryn Mawr

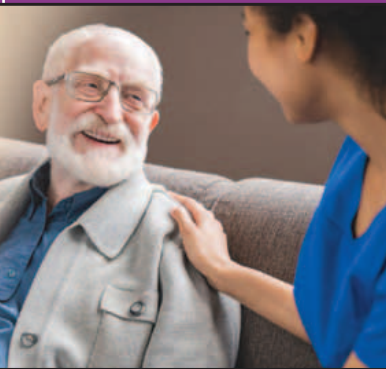
A significant portion of brain health is determined by lifestyle and environmental choices that are within your control.

Call 484-222-4930

to schedule a private, 30-minute
cognitive assessment with a physician.
Appointments will begin at 9:45 am
and end before lunch.
Appointments are limited.

Wake Up with Surrey, 9-9:45 Pinochle, 9-11:30 Boggle (NEW TIME), 10-10:45 Strength & Balance with Christina, 11-11:30 Lunch (pre-register), 11:30-12:30 After Lunch Walking Club, 12:45-1:15 Canasta, 12:45-3 Italian: Beginner Language, 12:45-1:45 Turkey Divan	Wake Up with Surrey, 9-9:45 PA-Medi by appt., 9-12 SilverSneakers® <i>livestream</i>, 10-10:45 (free) Tablet Games for Active Brains, 10:45-11:30 Lunch (pre-register), 11:30-12:30 Writers Meetup, 12:45-1:45 Putting Green, 12:45-3 Junk Journals, 12:45-3 (last class) Scrabble, 12:45-3 Italian Sausage Lasagna	Wake Up with Surrey, 9-9:45 Grow Your Gratitude, 9:15-9:45 Chair Yoga with Denise, 9:45-10:30 Strength/Stretch/Bal., 10:45-11:30 Lunch (pre-register), 11:30-12:30 Healthy Eating After Cancer, 12-1 Painting & Drawing, 12:30-2 Rummikub Club, 12:45-2:30 Chef Pedro's Meatloaf	Wake Up with Surrey, 9-9:45 SilverSneakers® <i>livestream</i>, 10-10:45 (free) Stronger Memory, 10:45-11:30 Lunch (pre-register), 11:30-12:30 Knitting/Crocheting/Fiber Arts Club, 12:45-2:30 Bridge Club, 12:45-3:45 Backgammon, 12:45-3:30 Pizza
Wake Up with Surrey, 9-9:45 Pinochle, 9-11:30 Boggle (NEW TIME), 10-10:45 Strength & Balance with Christina, 11-11:30 Lunch (pre-register), 11:30-12:30 Veterans Lunch, 11:30-12:30 After Lunch Walking Club, 12:45-1:15 Canasta, 12:45-3 Italian: Culture & History, 12:45-1:45 Quiche	Wake Up with Surrey, 9-9:45 PA-Medi by appt., 9-12 Tech Tues (by appt.), 9:30-11:30 Surrey Hiring Fair, 10-3 SilverSneakers® <i>livestream</i>, 10-10:45 (free) Ask Surrey's Nurse/BP Checks, 10-12 Tablet Games for Active Brains, 10:45-11:30 Lunch (pre-register), 11:30-12:30 Writers Meetup, 12:45-1:45 Putting Green, 12:45-3 Classical Music (livestream) 12:45-2 NEW! Jewelry Workshop, 12:45-3 Scrabble, 12:45-3 Southwestern Chicken Wrap	Wake Up with Surrey, 9-9:45 Grow Your Gratitude, 9:15-9:45 Resource Navigator appt., 9:30-11:30 Member Orientation, 10-11 Chair Yoga with Denise, 9:45-10:30 Strength/Stretch/Bal, 10:45-11:30 Lunch (pre-register), 11:30-12:30 Painting & Drawing, 12:30-2 Wisdom Circle Discussion Group, 12:45-2 Rummikub Club, 12:45-2:30 Vegetable Stromboli	Wake Up with Surrey, 9-9:45 SilverSneakers® <i>livestream</i>, 10-10:45 (free) Stronger Memory, 10:45-11:30 Lunch (pre-register), 11:30-12:30 Knitting/Crocheting/Fiber Arts Club, 12:45-2:30 Bridge Club, 12:45-3:45 Backgammon, 12:45-3:30 BBQ Chicken
Wake Up with Surrey, 9-9:45 Pinochle, 9-11:30 Boggle (NEW TIME), 10-10:45 Strength & Balance with Christina, 11-11:30 Lunch (pre-register), 11:30-12:30 After Lunch Walking Club, 12:45-1:15 Canasta, 12:45-3 Italian: Beginner Language, 12:45-1:45 Beef Stroganoff	Wake Up with Surrey, 9-9:45 PA-Medi by appt., 9-12 SilverSneakers® <i>livestream</i>, 10-10:45 Tablet Games for Active Brains, 10:45-11:30 Lunch (pre-register), 11:30-12:30 Writers Meetup, 12:45-1:45 Putting Green, 12:45-3 Tom's Monthly Movie Pick, 12:45-2:30 Jewelry Workshop, 12:45-3 Scrabble, 12:45-3 Eggplant Parmesan	Wake Up with Surrey, 9-9:45 Grow Your Gratitude, 9:15-9:45 Chair Yoga with Denise, 9:45-10:30 Caregiver Support Group, 10-11:30 Strength/Stretch/Bal, 10:45-11:30 Lunch (pre-register), 11:30-12:30 Painting & Drawing, 12:30-2 Rummikub Club, 12:45-2:30 November Birthdays Celebration Orange Chicken	Wake Up with Surrey, 9-9:45 SilverSneakers® <i>livestream</i>, 10-10:45 (free) SPECIAL: Brain Health Assessment and Guidance, by appointment Lunch (pre-register), 11:30-12:30 Knitting/Crocheting/Fiber Arts Club, 12:45-2:30 Bridge Club, 12:45-3:45 Backgammon, 12:45-3:30 Tuna Melt
Wake Up with Surrey, 9-9:45 Pinochle, 9-11:30 Boggle (NEW TIME), 10-10:45 Strength & Balance with Christina, 11-11:30 Lunch (pre-register), 11:30-12:30 After Lunch Walking Club, 12:45-1:15 Canasta, 12:45-3 Italian: Foreign Language Film, 12:45-1:45 Chicken Alfredo	Wake Up with Surrey, 9-9:45 PA-Medi by appt., 9-12 Tech Support (by appt.), 10:30-12 SilverSneakers® <i>livestream</i>, 10-10:45 (free) Ask Surrey's Nurse/BP Checks, 10-12 Tablet Games for Active Brains, 10:45-11:30 Lunch (pre-register), 11:30-12:30 Writers Meetup, 12:45-1:45 Putting Green, 12:45-3 Classical Music (livestream), 12:45-2 Jewelry Workshop, 12:45-3 Scrabble, 12:45-3 Monthly Book Club, 12:45-2 A Traditional Turkey Feast Pre-register to reserve your seat	Wake Up with Surrey, 9-9:45 Grow Your Gratitude, 9:15-9:45 Resource Navigator appt., 9:30-11:30 Chair Yoga with Denise, 9:45-10:30 Strength/Stretch/Bal, 10:45-11:30 Lunch (pre-register), 11:30-12:30 Painting & Drawing, 12:30-2 Rummikub Club, 12:45-2 Surrey Closes at 2 Turkey Tetrazzini or Veggie Cheese Burgers	

FRIDAY



Wake Up with Surrey, 9-9:45 **7**
Cardio Drumming, 10-10:30
Intro to Mahjong, 10-11:30
 Balance & Flow with Christine, 10:45-11:30
 Lunch (pre-register), 11:30-12:30
 After Lunch Walking Club, 12:45-1:15
 Indoor Cornhole Toss, 12:45-1:45
 Canasta, 12:45-3
 Mah-jong, 12:45-4

Chicken Florentine

Wake Up with Surrey, 9-9:45 **14**
Cardio Drumming, 10-10:30
Intro to Mahjong, 10-11:30
 Balance & Flow with Christine, 10:45-11:30
Camera Club, 10:30-11:30
 Lunch (pre-register), 11:30-12:30
 After Lunch Walking Club, 12:45-1:15
 Indoor Cornhole Toss, 12:45-1:45
 Canasta, 12:45-3 | Mah-jong, 12:45-4

Grilled Halouski (Ham)

Wake Up with Surrey, 9-9:45 **21**
Cardio Drumming, 10-10:30
Intro to Mahjong, 10-11:30
Tech Support (by appt.), 10:30-12
 Balance & Flow with Christine, 10:45-11:30
 Lunch (pre-register), 11:30-12:30
 After Lunch Walking Club, 12:45-1:15
 Indoor Cornhole Toss, 12:45-1:45
 Canasta, 12:45-3
 Mah-jong, 12:45-4

Apple & Bacon Stuffed Pork



November Speaker Series

Lunch n' Learn: Healthy Eating After Cancer

Wednesday, November 5 • 12 – 1

Enjoy your lunch in the sunroom while learning from Main Line Health oncology nutritionist, Carolyn Farhy. Interactive livestreamed meeting.

Planning a Peaceful Retirement

Wednesday, November 19 • 10 – 11:30

The Caregiver Support group hosts speaker, Alida Rowe from Rothkoff Law Group. Open to all.

Italian Conversation & Culture

Mondays, November 3, 10, 17, 24 • 12:45 – 1:45

Enrich yourself culturally and linguistically with Matt in our revamped Italian Language and Culture Class. Classes alternate between language, history & culture, and film.

Grow Your Gratitude

Wednesdays, November 5, 12, 19, 26 • 9:15 – 9:45

Morning meditation and journaling focused on gratitude.

30 Minute Cardio Drumming with Mary

Fridays, November 7, 14, 21 • 10 – 10:30

Join Mary for Cardio Drumming — a fun, high-energy workout that combines drumming movements with aerobic exercise, accessible to people of all ages and fitness levels.

Special Veteran's Day Lunch

Monday, November 10 • 11:30 – 12:30

Join our monthly (\$5) BRYN MAWR Veteran's lunch from 11:30 – 12:30 sponsored by the Surrey Valor Fund.

Annual Veterans Day Dinner

Monday, November 10 at Surrey Devon • 5:30 – 7:30

See the Surrey Devon calendar to learn about and register for our Annual Veteran's Day Dinner (\$20) from 5:30 – 7:30 at Surrey Devon.

NEW! Jewelry Workshop

Tuesdays, November 11, 18, 25 • 12:45 – 3

Check the front desk for examples of the bead and wire projects we will be completing. Limited spaces, pre-registration required.

Wisdom Circle Discussion Group

Wednesday, November 12 • 12:45 – 2

Join our lively discussion group. This month's topic is "Aging . . . when did it happen?"

Tom's Monthly Movie Pick: F1

Tuesday, November 18 • 12:45 start (runtime 1 hr. 38 mins.)

Sonny Hayes was a promising F1 driver until an accident nearly ended his career. Thirty years later, the owner of a struggling Formula 1 team convinces Sonny to return to racing.

Game Changers: Boggle moves to Monday and Mahjong has introduction players on Fridays from 10-11:30 and seasoned players Fridays from 12:45-4!

Sneak Preview: Watch for a Winter Putting Tournament!

BROOMALL – November 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

New Surrey Partnership for Cognitive Health
Main Line Health & Bryn Mawr Family Practice present

Brain Health Assessments

by appointment, and Guidance at Surrey Broomall

Thursday, November 20 at Surrey Broomall

A significant portion of brain health is determined by lifestyle and environmental choices that are within your control.

Call 610-446-2070

to schedule a private, 30-minute
cognitive assessment with a physician.
Appointments will begin at 9:45 am
and end before lunch.
Appointments are limited.

SilverSneakers®-Tai Chi, 9-9:45 (\$3) Weaving, 10-11:30 (\$1) SilverSneakers®-Stretch & Balance, 10-10:45 (\$3) Mahjong, 10-11:30 Blood Pressure Checks, 11-2 Lunch, 11:45-12:30 Billiards, 12-3 (\$1) Poker, 1-3:30 (\$1) Wii Bowling, 1-3 Garlic Butter Chicken	CVIM Dental Appts. 8:30-3 * Bocce at Veterans Park, 9:30 * Drum Circle, 10 Knit Wits, 10-11:45 (\$1) Canasta, 10-2 (\$1) LIFT, 11-11:45 * Lunch, 11:45-12:30 iPhone Photo Class, 12:30 or 1 * Cardio Drumming, (Full) 12:45 * Chair Massage, 10-1 * Games, 1-3 (\$1) Bingo, 1:30-4 (\$1) Chair Yoga, 1:30-2:15 Crab Cake Mac & Cheese	MLHS Ask a Nurse, 9:30-11 Open Art Studio, 9-1 (\$1) Dance Fitness with Ro, 10-10:45 (\$3) Cardio Drumming, 11 (\$3) * Lunch, 11:45-12:30 Poker, 1- 3:30 (\$1) Rummikub Club, 1-2 (\$1) Scrabble, 1 Crossword Puzzle, 2-3 Salisbury Steak	CVIM Dental Appts. 8:30-3 * Chair Zumba, 10-10:45 (\$3) Reiki, 10-11:45 * Tech Thursday, 11-2 * Pinochle/Cards, 10-3 (\$1) LIFT, 11-11:45 * Lunch, 11:45-12:30 Billiards, 12:30-3:30 (\$1) Games, 1-3 (\$1) Book Club, 1:30-2:30 Calming Coloring, 2-2:45 Turkey w/ Apple Glaze
SilverSneakers®-Tai Chi, 9-9:45 (\$3) Weaving, 10-11:30 (\$1) SilverSneakers®-Stretch & Balance, 10-10:45 (\$3) Mahjong, 10-11:30 Blood Pressure Checks, 11-2 Lunch, 11:45-12:30 Billiards, 12-3 (\$1) Poker, 1-3:30 (\$1) Wii Bowling, 1-3 Grilled Chicken Parm	CVIM Dental Appts. 8:30-3 * Bocce at Veterans Park, 9:30 * Drum Circle, 10 Knit Wits, 10-11:45 (\$1) Canasta, 10-2 (\$1) LIFT, 11-11:45 * Special Veterans Lunch, 11:45-12:30 iPhone Photo Class, 12:30 or 1 * Cardio Drumming, (Full) 12:45 * Chair Massage, 10-1 * Games, 1-3 (\$1) Bingo, 1:30-4 (\$1) Chair Yoga, 1:30-2:15 Cheeseburger Meatloaf	Open Art Studio, 9-1 (\$1) Dance Fitness with Ro, 10-10:45 (\$3) Cardio Drumming, 11 (\$3) * Lunch, 11:45-12:30 Poker, 1- 3:30 (\$1) Rummikub Club, 1-2 (\$1) Scrabble, 1 Crossword Puzzle, 2-3 Garlic Chicken	CVIM Dental Appts. 8:30-3 * Chair Zumba, 10-10:45 (\$3) Reiki, 10-11:45 * Tech Thursday, 11-2 * Pinochle/Cards, 10-3 (\$1) LIFT, 11-11:45 * Lunch, 11:45-12:30 Billiards, 12:30-3:30 (\$1) Games, 1-3 (\$1) Calming Coloring, 2-2:45 Italian Hoagie
SilverSneakers®-Tai Chi, 9-9:45 (\$3) Weaving, 10-11:30 (\$1) SilverSneakers®-Stretch & Balance, 10-10:45 (\$3) Mahjong, 10-11:30 Blood Pressure Checks, 11-2 Lunch, 11:45-12:30 Billiards, 12-3 (\$1) Poker, 1-3:30 (\$1) Wii Bowling, 1-3 Beef Stew	CVIM Dental Appts. 8:30-3 * PA MEDI Counseling, 9-12* Bocce at Veterans Park, 9:30 * Drum Circle, 10 Knit Wits, 10-11:45 (\$1) Canasta, 10-2 (\$1) LIFT, 11-11:45 * Lunch, 11:45-12:30 iPhone Photo Class, 12:30 or 1 * Cardio Drumming, (Full) 12:45 * Chair Massage, 10-1 * Games, 1-3 (\$1) Bingo, 1:30-4 (\$1) Chair Yoga, 1:30-2:15 Turkey & Swiss on Kaiser Roll	Open Art Studio, 9-1 (\$1) Dance Fitness with Ro, 10-10:45 (\$3) Cardio Drumming, 11 (\$3) * Lunch, 11:45-12:30 Poker, 1- 3:30 (\$1) Rummikub Club, 1-2 (\$1) Scrabble, 1 Flower Arranging, 1 Crossword Puzzle, 2-3 Mushroom & Swiss Burger	CVIM Dental Appts. 8:30-3 * SPECIAL: Brain Health Assessment and Guidance, by appt. only Surrey Hiring Fair, 10-3 Tech Thursday, 11-2 * Pinochle/Cards, 10-3 (\$1) Ask the Surrey Nurse, 10:30-11:30 LIFT, 11-11:45 * Lunch, 11:45-12:30 Billiards, 12:30- 3:30 (\$1) Games, 1-3 (\$1) Musical Bingo, 1-3 Chicken Waldorf on Croissant
SilverSneakers®-Tai Chi, 9-9:45 (\$3) Weaving, 10-11:30 (\$1) SilverSneakers®-Stretch & Balance, 10-10:45 (\$3) Mahjong, 10-11:30 Blood Pressure Checks, 11-2 Lunch, 11:45-12:30 Billiards, 12-3 (\$1) Poker, 1-3:30 (\$1) Movie with Popcorn, 1 Lemon & Pepper Chicken	CVIM Dental Appts. 8:30-3 * Drum Circle, 10 Knit Wits, 10-11:45 (\$1) Canasta, 10-2 (\$1) LIFT, 11-11:45 * Lunch, 11:45-12:30, Nov. Birthdays iPhone Photo Class, 12:30 or 1 * Cardio Drumming, (Full) 12:45 * Chair Massage, 10-1 * Games, 1-3 (\$1) Bingo, 1:30-4 (\$1) Chair Yoga, 1:30-2:15 Chili & Cornbread	Open Art Studio, 9-1 (\$1) Virtual Exercise, 10-10:45 Virtual Cardio Drumming, 11 Thanksgiving Lunch, 11:45-12:30 Rummikub Club, 1-2 (\$1) Scrabble, 1 Surrey Closes at 2 Roast Turkey with Stuffing	

FRIDAY



CVIM Dental Appts. 9:15-3:15 * **7**
Bocce at Veterans Park, 9:30 *
 Inspire Mind & Memory, 10-10:45
 Chair Massage, 10-1 *
 Strength, Flex. & Balance, 10 (\$3)
 Line Dancing, 11-11:45 (\$3)
 Duplicate Bridge, 11-3:30 (\$1)
 Lunch, 11:45-12:30
 Beading with Mary, 1 (\$1)
 Table Tennis, 1-3

BBQ Pork

CVIM Dental Appts. 9:15-3:15 * **14**
Bocce at Veterans Park, 9:30 *
 Inspire Mind & Memory, 10-10:45
 Chair Massage, 10-1 *
 Strength, Flex. & Balance, 10 (\$3)
 Line Dancing, 11-11:45 (\$3)
 Duplicate Bridge, 11-3:30 (\$1)
 Lunch, 11:45-12:30
 Beading with Mary, 1 (\$1)
 Table Tennis, 1-3

Spanish Omelet

CVIM Dental Appts. 9:15-3:15 * **21**
 Inspire Mind & Memory, 10-10:45
 Chair Massage, 10-1 *
 Strength, Flex. & Balance, 10 (\$3)
 Line Dancing, 11-11:45 (\$3)
 Duplicate Bridge, 11-3:30 (\$1)
 Lunch, 11:45-12:30
 Beading with Mary, 1 (\$1)
 Table Tennis, 1-3

Chicken Alfredo



Free Dental Care provided by Community Volunteers in Medicine (CVIM)

With Dr. Christy Lazaroff, Dentist and Gina Farrel, Registered Dental Hygienist.
 For more information, call Carolyn Beitmann at 484-451-8899 or ask to speak
 with one of the CVIM staff. Includes Veterans who meet CVIM eligibility criteria.



Silver Sneakers®-Tai Chi

Mondays, November 3, 10, 17, 24 • 9 – 9:45

Tai Chi is a low-impact exercise anyone can learn. Join our class and discover
 the numerous benefits it offers for your mind and body.

iPhone Photography Class

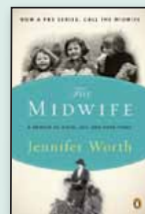
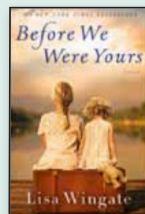
Tuesdays, November 4, 11, 18, 25 • 12:30 or 1

Elevate your photography and videography skills to impress your family and friends.
 Join our private one-on-one classes tailored just for you. To schedule your session,
 stop by the reception desk and make an appointment, 12:30 or 1.

Tech Thursday

Thursdays, November 6, 13, 20 • 11 – 2

Need assistance with your Smartphone, Tablet, or Laptop?
 Call for your appointment, 11, 12, or 1



Book Club • Thursdays • 1:30 – 2:30

November 6 • The Friday Afternoon Club
 by Griffin Dunne

December 4 • Before We Were Yours
 by Lisa Wingate

Thursday, January 8 • Call the Midwife
 by Jennifer Worth

Flower Arranging

Wednesday, November 19 • 1

Join Laurey from Sunrise of Haverford to create a fall flower arrangement for your
 holiday table. If you have previously participated in this program, we kindly ask that
 you allow others the opportunity to join. Thank you for your understanding!
 Register at the reception desk. Limit of 12.

Musical Bingo

Thursday, November 20 • 1 – 3

Len swaps numbers for melodies and cranks Bingo up to a tuneful eleven!

Gather with Gratitude – Special Thanksgiving Lunch

Wednesday, November 26 • 11:45 – 12:30

Gather with our family of members for a special holiday lunch.

Surrey is Closed November 27 and 28

Happy Thanksgiving! The Surrey staff is grateful for all of our members and
 volunteers who make Surrey Broomall a vibrant and welcoming center!

Open Billiards

Grab a cue! Pool table open for practice, Tuesdays, Wednesdays, Fridays (\$1)

REMINDER

Programs with an asterisk * require pre-registration or an appointment,
 please see the reception desk or call 610-446-2070

Parking Tips at Surrey Broomall

Consider forming a carpool group with others attending the same events.
 Parking is allowed on Parkway Drive and Sussex Blvd. Parking near the dumpster, on the grass,
 or in the adjacent Auto Parts parking lot is prohibited.

MEDIA – November 2025

Visit us at our New Temporary Home: Surrey Media at Providence Friends Meeting

105 North Providence Rd. (Route 252) Media. Located .2 Miles North of the intersection of Providence Rd. & Baltimore Pike. Hours 9am – 3pm.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Crafts Club: <i>Make Ornaments for State Holiday Tree</i> Monday, November 3 1 – 2 Help us create ornaments that we will send to the State Capitol to decorate their Holiday Tree.	7th Annual Community Thanksgiving at CEDAR CREEK CATERING 117 South Lemon Street, Media Saturday, November 22 • 2 – 4 If you are interested in joining us for this free lunch, please sign up with Kathy or Connie. Limited transportation may be available.	Trolley Ride & Lunch at Rivalry Cafe Monday, November 24 • 11 – 1 Hop on the trolley as we head back into downtown Media and join us for lunch at Rivalry Café. Please sign up with Kathy or Connie. Please bring cash for lunch and your SEPTA Senior Fare Card.	Thanksgiving Luncheon Wednesday, November 26 at noon Join us for turkey and all the trimmings. Please sign up with Kathy or Connie by November 19 to secure your spot. The cost will be the regular meal contribution of \$2.50.	
Strength & Stretch, 10-10:40 Rummikub, 10-11:30 Chair Zumba (Screenshared), 11-11:30 Tablet Games for Active Brains, 11:15-12 Lunch, 12-12:45 Mindful Monday, 12:30-1 Crafts Club: Make Ornaments for State Holiday Tree, 1-2	SilverSneakers®, 10-10:45 Zumba Gold (Screenshared), 11-11:30 Lunch, 12-12:45 Watercolor, 1-3 Zoom Group Crossword, 3-4	Strength & Stretch, 10-10:40 Bingo, 10:45-11:30 Surrey Walking Club, 11-11:45 Lunch, 12-12:45 Hometown Horse Races, 1-2 Poker, 1-2	SilverSneakers®, 10-10:45 Beginner Cardio Drumming (Screenshared), 11-11:30 Lunch, 12-12:45 Rummikub, 1-2 Mixed Mediums, 1-3	Strength & Stretch, 10-10:40 Beginner Cardio Drumming Workout (Screenshared), 11-11:30 Lunch, 12-12:45 Bingo Bonanza, 1-2
Strength & Stretch, 10-10:40 Rummikub, 10-11:30 Chair Zumba (Screenshared), 11-11:30 Tablet Games for Active Brains, 11:15-12 Lunch, 12-12:45 Mindful Monday, 12:30-1 Brain Games: Gimme 5! With Louise, 1-1:45	SilverSneakers®, 10-10:45 Zumba Gold (Screenshared), 11-11:30 Lunch, 12-12:45 Watercolor, 1-3 Zoom Group Crossword, 3-4	Strength & Stretch, 10-10:40 Bingo, 10:45-11:30 Lunch, 12-12:45 Walk Down Memory Lane, 1-2 Poker, 1-2	SilverSneakers®, 10-10:45 Beginner Cardio Drumming (Screenshared), 11-11:30 Lunch, 12-12:45 Rummikub, 1-2 Mixed Mediums, 1-3	Strength & Stretch, 10-10:40 Beginner Cardio Drumming Workout (Screenshared), 11-11:30 Lunch, 12-12:45 Hot Chocolate Tasting & Team Quizzo, 1-2
Strength & Stretch (screenshared), 10-10:40 Rummikub, 10-11:30 Chair Zumba (Screenshared), 11-11:30 Tablet Games for Active Brains, 11:15-12 Lunch, 12-12:45 Mindful Monday, 12:30-1 Pokeno Party, 1-2	SilverSneakers®, 10-10:45 Zumba Gold (Screenshared), 11-11:30 Lunch, 12-12:45 Watercolor, 1-3 Zoom Group Crossword, 3-4	Strength & Stretch (screenchared), 10-10:40 Bingo, 10:45-11:30 Surrey Book Club, 11-11:45 Lunch by Chef Pedro, 12-12:45 Wheel of Fortune, 1-2 Poker, 1-2	SilverSneakers®, 10-10:45 Beginner Cardio Drumming (Screenshared), 11-11:30 Lunch, 12-12:45 Rummikub, 1-2 Mixed Mediums, 1-3	Strength & Stretch, 10-10:40 Beginner Cardio Drumming Workout (Screenshared), 11-11:30 Lunch, 12-12:45 Chair Volleyball, 1-2
Strength & Stretch, 10-10:40 Rummikub, 10-11:30 Chair Zumba (Screenshared), 11-11:30 Trolley Ride & Lunch at Rivalry Cafe (Downtown Media), 11-1 Lunch, 12-12:45 Mindful Monday, 12:30-1 Brain Games: Group Crossword Puzzle, 1-1:45	SilverSneakers®, 10-10:45 Zumba Gold (Screenshared), 11-11:30 Lunch, 12-12:45 Watercolor, 1-3 Zoom Group Crossword, 3-4	Thanksgiving Community Service Project (All Day) Strength & Stretch, 10-10:40 Bingo, 10:45-11:30 Thanksgiving Luncheon, 12-12:45 Thanksgiving Scattergories, 1-2 Surrey Closes at 2		

Surrey charges nominal fees for meals and classes led by a paid instructor, such as exercise or those that require supplies, materials, equipment, or maintenance. A Surrey membership helps to pay for overhead not completely funded by COSA and makes programs available to all. If you have difficulty paying for classes, please contact your center director or Surrey member services.

Avoiding Phone Solicitation

Scams have become an ongoing issue for everyone. They come as calls, mail, and even get through to personal emails and cell phones. None of us can be totally immune to being scammed, but paying attention to these practical ways to avoid scam solicitation can be helpful.

- Educate yourself on current scam tactics — government agencies regularly publish information about old and new scams. These include the Consumer Financial Protection Bureau, Federal Trade Commission, FBI, and U.S. Department of Justice. You can also stay up to date with AARP Fraud Watch Network and Fraud Resource Center.
- Keep a skeptical mindset — this will help you slow down and ask the proper questions before potentially getting scammed.
- Remain suspicious of unsolicited phone calls, mailings, online interactions or door-to-door services.
- If you receive a call, e-mail, or text message you were not expecting from someone claiming to be from your bank or a service that requires banking information, hang up and call your bank's number on your credit or debit card

How to get less spam calls:

1. **Visit the National Do Not Call Registry website:** or call 1-888-382-1222 from the phone you want to register.
2. **Complete the registration:** for your landline and mobile phone numbers.
3. **Confirm your registration:** by opening the confirmation email sent to you within 72 hours.

Report Unwanted Calls

- **Report to the FTC:** You can report telemarketers and scammers by visiting the Do Not Call Registry website.
- **Request to be on their internal list:** If you answer a call from a legitimate telemarketer, you can request to be placed on their internal do not call list.

Join us for an informative Speaker Series:

AVOIDING THE NEW SCAMS

Wednesday, November 12

Surrey Devon • 12:45 – 1:45

Craig Saxer returns to update us on the latest scams that use AI to be more difficult to identify. Learn how to avoid scams and protect yourself should you encounter one.

Winter Weather Closing Policy

In the event of inclement weather, all Surrey sites will follow local school closing policies. If your School District is closed, Surrey activities will be cancelled, and the site closed. If the school districts announce a 2-hour delay, all Surrey centers will open at 9:30.

If you are not sure, please call your Surrey location before venturing out.

You may also visit the website for quick updates
www.surreyservices.org or Surrey's Facebook and Instagram

Broomall

610-446-2070

Bryn Mawr

484-222-4930

Devon

610-647-6404

Media

610-566-0505

MEMBER ORIENTATION

SURREY BRYN MAWR
Wednesday, November 12
10 – 11

Learn about all the benefits of a Surrey membership — for new or existing members. Staff and volunteers will be available to answer your questions.

SURREY

CONSIGNMENT SHOP

Saturday, November 29
10 am - 4 pm

30% to 50% OFF
Entire Shop!

810 Lancaster Ave, Berwyn, PA 19312
610-647-8632 • SurreyConsignmentShop.org



Did you know **68%** of our annual operating revenue comes from **YOUR CONTRIBUTIONS?**

SURREY

Services for Seniors

60 Surrey Way, Devon, PA 19333

ADDRESS SERVICES REQUESTED

PRESORTED
FIRST CLASS MAIL
U.S. POSTAGE
PAID
SOUTHEASTERN, PA
PERMIT NO. 7

SURREY

SurreyServices.org • info@surreyservices.org

Surrey Home Care

info@surreyhomecare.org • 610-647-9840

Surrey Transportation

Transportation@surreyservices.org • 610-993-9493

BROOMALL

505 Parkway Drive, Broomall, PA 19008 • 610-446-2070

BRYN MAWR

119 Radnor Street, Bryn Mawr, PA 19010 • 484-222-4930

DEVON

60 Surrey Way, Devon, PA 19333 • 610-647-6404

MEDIA

302 S. Jackson St., Media, PA 19063 • 610-566-0505

Consignment Shop

810 Lancaster Avenue, Berwyn, PA 19312 • 610-647-8632

OUR MISSION

**Surrey inspires and enables all of us,
as we age, to live with independence and dignity,
and as engaged members of the community.**



Jill Whitcomb, Tim Riddle,
Coach Dick Vermeil, Caroline O'Halloran,
and David Levine at
Aging Like a Fine Wine, October 17.

PHOTO: JIM DEVINE PHOTOGRAPHY