



surrey connect

Changing the way we age

June 2026

A Nonprofit Organization

Living Longer Isn't the Issue, Living Well Is!

Sometimes, it's the small things — a ride to the doctor, a meal shared, meeting someone new at a program — that create the strongest bonds. Surrey brings those moments together, turning everyday support into lasting community.

Since its founding nearly 45 years ago, Surrey has continued to expand to meet the needs of a growing number of older adults in Chester, Delaware, and Montgomery Counties. This year, in part due to the rapid growth of adults age 65+ in Delaware County, our Media center is relocating to a light-filled, spacious new building that will house a kitchen and café and accommodate a broad range of programs, activities, and services.

We wouldn't have this impact without you. Nearly 70% of our operating income comes from donors. Help us continue to meet the needs of older adults, many who are facing rising inflation and a reduction in social safety-net programs. Because we all do better when we look out for each other.

Please consider making a meaningful donation to Surrey today, at a time when our mission is expanding, and our expenses are increasing daily. Use the enclosed envelope or visit Surrey's website at surreyservices.org/ donate-today. *Thank you!*

Surrey Media

The wait is over! Surrey's new location in Media will open this month.



Friday, June 5 ▪ 10 - noon
SCAM JAM SPECIAL PROGRAM
Hosted by Rep. Lisa Borowski

Open to the community. Expert educators and local law enforcement will share how to recognize, avoid, and report fraud and scams.

RSVP to khenderson@surreyservices.org.

Lunch, tours, and a short program in the afternoon.

Please be sure to RSVP or we will not have a lunch for you.

**Monday, Tuesday, Wednesday,
June 8 - 10**

Media will be **CLOSED** for training and set up.

Thursday and Friday, June 11 - 12
Tours and Open House from 10 am - 2 pm

Monday, June 15

OPEN FOR PROGRAMS. See the calendar page for the full schedule.

Save the Date

Welcome and Recognition Celebration
for the community and generous donors who made this new center possible

Wednesday, September 16 ▪ 3 - 5 pm

2026 The Year of Cognitive Six

Be Social

Research shows that social engagement is one of the most powerful protectors of brain health. Being social stimulates key areas of the brain involved in memory, attention, and problem-solving. Conversations, shared activities, and group participation all require mental processing, essentially giving the brain a consistent "workout" and reason to be "on".

Staying social is easy at Surrey and visiting one of our four centers in the first step. Even small, consistent interactions make a huge impact on cognitive health.

Six Pillars of
BRAIN HEALTH

BE SOCIAL

Engage Your Brain
Manage Stress
Ongoing Exercise
Restorative Sleep
Eat Right

1. Find your favorite exercise class

Each Surrey location offers many options. Exercise classes are a great way to meet new people and keep yourself moving. Try taking a seat in a different part of the room to find new people in your class.

2. Join an interest group

Surrey has many choices – fiber arts, languages, veterans, and discussion groups to name a few. Try something new, or if you don't see something you like, talk with center staff to start your own interest group.

3. Volunteer

Volunteering at Surrey is a great way to meet people. Each center has many volunteer opportunities that meet your interest and schedule. Learn more about volunteer opportunities by calling Patti at 484-321-6106 or fill out the volunteer application at surreyservices.org/volunteer/

4. Reach out

Make a point of connecting with a friend or family member once a week. Schedule a regular FaceTime video call or a phone call, just like an appointment, so you stay connected.



Volunteer Handy Helpers Assist with Small Jobs

Looking for a helping hand with some small home repairs? Surrey's Handy Helpers can help you. Small jobs include: changing lightbulbs, hanging pictures, replacing door knobs, light yard work such as raking leaves and sticks.

Please call Stephanie, Surrey Resource Navigator at 610-647-6404 ext. 100 to find out about scheduling.

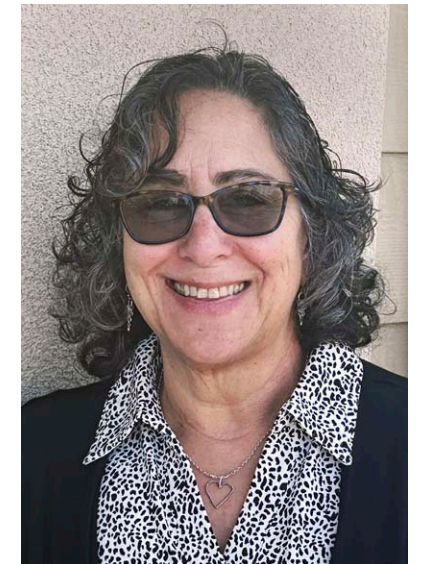
National Oral Health Month: Surrey's Community Partnership with CVIM

National Oral Health Month is an important reminder about the role dental health plays in overall health. Poor oral health can impact cardiovascular health, be linked to diabetes, stroke, and respiratory issues.

Use the month of June to get your dental habits back on track! Brush twice daily, floss regularly, and visit your dentist twice a year for a check-up.

Surrey's Community Partner, CVIM (Community Volunteers in Medicine) has satellite dental offices at Surrey Broomall and Surrey Devon. CVIM provides free or low-cost dental care to eligible patients including preventive care, cleanings, x-rays, fillings, and mouth cancer screenings.

For more information, call Surrey Broomall at 610-446-2070 or Surrey Devon at 610-647-6404.



Meet Carrie, Resource Navigator

Join us in welcoming Carrie Matez, MSW to Surrey as Resource Navigator for Delaware County. She will be based out of Surrey's Broomall and new Media centers.

Carrie has deep experience in case management, assessment, advocacy, support groups and other aging-in-place services at several nonprofit organizations including Ann's Choice, Warminster, Jewish Family and Children's Service, Philadelphia and various home healthcare agencies throughout the Delaware Valley.

Carrie is passionate about building partnerships; launching innovative programs; and developing outreach initiatives for older adults. Her experience in aging services will provide a valuable resource for older residents and their families in Delaware County.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Fitness Center, 8:30-4:30 PA MEDI (Medicare) by appt. Wake Up with Surrey, 9-9:45 Walkie-Talkie Walking Club, 10:30-11:15 Balance & Flow, 11-11:45 Café Lunch/GnGo, 11:30-12:30 Bridge Club, 12:30-3 Ticket to Ride Game, 12:45-2:15 Watercolor Class, 12:45-2:15 Mah-jong, 12:45-3:30 Spanish Conversation, 1-2:30 Chicken Caesar Wrap	2 Fitness Center, 8:30-4:30 Fitness Trainer by appt. Wake Up with Surrey, 9-9:45 SilverSneakers®, 10-10:45 Stronger Memory, 10-10:45 Knitting/Crocheting Club, 10:30-12 Learn Mahjong, 10:45-11:30 Stretch This/Not That, 11-11:45 Café Lunch/GnGo, 11:30-12:30 Speaker Series: Celebrating America's 250th, 12:45-1:45 Rummikub, 12:45-3 Hand & Foot Canasta, 12:45-2 Turkey Burger	3 Fitness Center, 8:30-4:30 Wake Up with Surrey, 9-9:45 Line Dancing, 10-10:45 Beginner Spanish, 10:45-11:30 Strength & Balance, 11-11:45 Café Lunch/GnGo, 11:30-12:30 Ticket to Ride Game, 12:45-2:15 Chess Club, 12:45-2:15 Tai Chi for Balance, 1-1:45 French Club, 1-2:30 Chair Yoga with Liz, 2-2:45 Chili Cheese Dog	4 Fitness Center, 8:30-4:30 Fitness Trainer by appt. CVIM Dental Appts., 8:30-2:30 Wake Up with Surrey, 9-9:45 SilverSneakers®, 10-10:45 Garden Club, 10-11:30 Better Back Floor Yoga, 11-11:45 Café Lunch/GnGo, 11:30-12:30 After Lunch Walk, 12:45-1:15 Well-Balanced, 12:45-1:15 Scrabble, 12:45-3 Pinochle, 12:45-3 Rummikub, 12:45-3 German Club, 1:30-3 Pulled Pork Sandwich	5 Fitness Center, 8:30-4:30 Wake Up with Surrey, 9-9:45 Coffee and Crosswords, 10-10:45 Line Dancing, 10-10:45 SilverSneakers®, 11-11:45 Café Lunch/GnGo, 11:30-12:30 Watercolor Class, 12:45-2:15 Writer's Workshop, 12:45-2:15 Bridge, 12:30-3:30 Mah-jong, 12:45-3:30 Qigong, 1-1:45 Pizza
8 Fitness Center, 8:30-4:30 PA MEDI (Medicare) by appt. Wake Up with Surrey, 9-9:45 Walkie-Talkie Walking Club, 10:30-11:15 Balance & Flow, 11-11:45 Veteran's Lunch, 11:30-12:30 Café Lunch/GnGo, 11:30-12:30 Bridge Club, 12:30-3 Ticket to Ride Game, 12:45-2:15 Watercolor Class, 12:45-2:15 Mah-jong, 12:45-3:30 Spanish Conversation, 1-2:30 Baked Ziti with Vegetables	9 Fitness Center, 8:30-4:30 Fitness Trainer by appt. Wake Up with Surrey, 9-9:45 SilverSneakers®, 10-10:45 Stronger Memory, 10-10:45 Knitting/Crocheting Club, 10:30-12 Learn Mahjong, 10:45-11:30 Stretch This/Not That, 11-11:45 Café Lunch/GnGo, 11:30-12:30 Classical Music, 12:45-2 Salad Sampler	10 Fitness Center, 8:30-4:30 Wake Up with Surrey, 9-9:45 Line Dancing, 10-10:45 Beginner Spanish, 10:45-11:30 Strength & Balance, 11-11:45 Ask Us About Transportation, 11-2 Café Lunch/GnGo, 11:30-12:30 Ticket to Ride Game, 12:45-2:15 Chess Club, 12:45-2:15 Tai Chi for Balance, 1-1:45 French Club, 1-2:30 Chair Yoga with Liz, 2-2:45 Fresh Herb Roasted Turkey	11 Fitness Center, 8:30-4:30 Fitness Trainer by appt. CVIM Dental Appts., 8:30-2:30 Wake Up with Surrey, 9-9:45 SilverSneakers®, 10-10:45 Garden Club, 10-11:30 Better Back Floor Yoga, 11-11:45 Café Lunch/GnGo, 11:30-12:30 After Lunch Walk, 12:45-1:15 Speaker: Roads Scholars, 12:45-1:45 Well-Balanced, 12:45-1:15 Scrabble, 12:45-3 Pinochle, 12:45-3 Rummikub, 12:45-3 German Club, 1:30-3 Tuscan Chicken	12 Fitness Center, 8:30-4:30 CVIM Dental Appts., 8:30-2:30 Wake Up with Surrey, 9-9:45 AI and Hearing Health, 10-11:30 Coffee and Crosswords, 10-10:45 Line Dancing, 10-10:45 Farmers Market Vouchers, 10:45-12:15 SilverSneakers®, 11-11:45 Café Lunch/GnGo, 11:30-12:30 Book Club The Road from Coorain, Jill Ker Conway, 12:45-2 Watercolor Class, 12:45-2:15 Writer's Workshop, 12:45-2:15 Bridge, 12:30-3:30 Mah-jong, 12:45-3:30 Qigong, 1-1:45 Grilled Cheese with Ham
15 Fitness Center, 8:30-4:30 PA MEDI (Medicare) by appt. Wake Up with Surrey, 9-9:45 Movie: Remarkably Bright Creatures, 9:30-11:30 Walkie-Talkie Walking Club, 10:30-11:15 Balance & Flow, 11-11:45 Café Lunch/GnGo, 11:30-12:30 Bridge Club, 12:30-3 Ticket to Ride Game, 12:45-2:15 Watercolor Class, 12:45-2:15 Mah-jong, 12:45-3:30 Spanish Conversation, 1-2:30 Beef Empanada	16 Fitness Center, 8:30-4:30 Fitness Trainer by appt. Wake Up with Surrey, 9-9:45 SilverSneakers®, 10-10:45 Stronger Memory, 10-10:45 Knitting/Crocheting Club, 10:30-12 Learn Mahjong, 10:45-11:30 Stretch This/Not That, 11-11:45 Café Lunch/GnGo, 11:30-12:30 Senator Comitta's Office, 12:45-1:45 Rummikub, 12:45-3 Hand & Foot Canasta, 12:45-2 Rosemary Roast Pork	17 Fitness Center, 8:30-4:30 Wake Up with Surrey, 9-9:45 Line Dancing, 10-10:45 Beginner Spanish, 10:45-11:30 Strength & Balance, 11-11:45 Café Lunch/GnGo, 11:30-12:30 Patriotic Craft, 12:45-1:45 Ticket to Ride Game, 12:45-2:15 Chess Club, 12:45-2:15 Tai Chi for Balance, 1-1:45 French Club, 1-2:30 Chair Yoga with Liz, 2-2:45 Ravioli in Homemade Sauce	18 Fitness Center, 8:30-4:30 Fitness Trainer by appt. CVIM Dental Appts., 8:30-2:30 Wake Up with Surrey, 9-9:45 SilverSneakers®, 10-10:45 Garden Club, 10-11:30 Member Orientation, 10:30-11:30 Better Back Floor Yoga, 11-11:45 Café Lunch/GnGo, 11:30-12:30 After Lunch Walk, 12:45-1:15 Well-Balanced, 12:45-1:15 Scrabble, 12:45-3 Pinochle, 12:45-3 Rummikub, 12:45-3 German Club, 1:30-3 Chef Pedro's Quiche	19 Fitness Center, 8:30-4:30 Wake Up with Surrey 9-9:45 Coffee and Crosswords, 10-10:45 Line Dancing, 10-10:45 SilverSneakers®, 11-11:45 Café Lunch/GnGo, 11:30-12:30 Watercolor Class, 12:45-2:15 Writer's Workshop, 12:45-2:15 Bridge, 12:30-3:30 Mah-jong, 12:45-3:30 Qigong, 1-1:45 BBQ Chicken Flatbread
22 Fitness Center, 8:30-4:30 PA MEDI (Medicare) by appt. Wake Up with Surrey, 9-9:45 Walkie-Talkie Walking Club, 10:30-11:15 Balance & Flow, 11-11:45 Café Lunch/GnGo, 11:30-12:30 Bridge Club, 12:30-3 Ticket to Ride Game, 12:45-2:15 Watercolor Class, 12:45-2:15 Mah-jong, 12:45-3:30 Spanish Conversation, 1-2:30 Fried Fish Sandwich	23 Fitness Center, 8:30-4:30 Fitness Trainer by appt. Wake Up with Surrey, 9-9:45 SilverSneakers®, 10-10:45 Stronger Memory, 10-10:45 Knitting/Crocheting Club, 10:30-12 Stretch This/Not That, 11-11:45 Murder Mystery Lunch, 11-2 Café Lunch/GnGo, 11:30-12:30 Discussion Group, 12:45-2 Rummikub, 12:45-3 Hand & Foot Canasta, 12:45-2 Rosemary Lemon Chicken	24 Fitness Center, 8:30-4:30 Wake Up with Surrey, 9-9:45 Line Dancing, 10-10:45 Beginner Spanish, 10:45-11:30 Strength & Balance, 11-11:45 Café Lunch/GnGo, 11:30-12:30 Ticket to Ride Game, 12:45-2:15 Chess Club, 12:45-2:15 Tai Chi for Balance, 1-1:45 French Club, 1-2:30 Chair Yoga with Liz, 2-2:45 June Birthday Lunch Pineapple Glazed Ham	25 Fitness Center, 8:30-4:30 Fitness Trainer by appt. CVIM Dental Appts., 8:30-2:30 Wake Up with Surrey, 9-9:45 SilverSneakers®, 10-10:45 Garden Club, 10-11:30 Better Back Floor Yoga, 11-11:45 Café Lunch/GnGo, 11:30-12:30 After Lunch Walk, 12:45-1:15 Well-Balanced, 12:45-1:15 Scrabble, 12:45-3 Pinochle, 12:45-3 Rummikub, 12:45-3 German Club, 1:30-3 Diner Style Meatloaf	26 Fitness Center, 8:30-4:30 Wake Up with Surrey, 9-9:45 Coffee and Crosswords, 10-10:45 Line Dancing, 10-10:45 Farmers Market Vouchers, 10:45-12:15 SilverSneakers®, 11-11:45 Café Lunch/GnGo, 11:30-12:30 Watercolor Class, 12:45-2 Writer's Workshop, 12:45-2:15 Bridge, 12:30-3:30 Mah-jong, 12:45-3:30 Qigong, 1-1:45 Veggie Burger
29 Fitness Center, 8:30-4:30 PA MEDI (Medicare) by appt. Wake Up with Surrey, 9-9:45 Walkie-Talkie Walking Club, 10:30-11:15 Balance & Flow, 11-11:45 Café Lunch/GnGo, 11:30-12:30 Bridge Club, 12:30-3 Ticket to Ride Game, 12:45-2:15 Watercolor Class, 12:45-2:15 Mah-jong, 12:45-3:30 Spanish Conversation, 1-2:30 Oven Fried Chicken	30 Fitness Center, 8:30-4:30 Fitness Trainer by appt. Wake Up with Surrey, 9-9:45 SilverSneakers®, 10-10:45 Stronger Memory, 10-10:45 Knitting/Crocheting Club, 10:30-12 Learn Mahjong, 10:45-11:30 Stretch This/Not That, 11-11:45 Café Lunch/GnGo, 11:30-12:30 Classical Music and Reception, 12:45-2 Baked Cheese Manicotti	 <p>Celebrate America's 250 with Surrey! ★</p> <p>Join us for an array of patriotic programming including:</p> <p>Celebrating American's 250th in Chester County ★ Tuesday, June 2 ■ 12:45 - 1:45</p> <p>Patriotic Centerpiece Craft with Val ■ Wednesday, June 17 ■ 12:45 - 2</p> <p>Classical Music Semiquincentennial ■ Tuesday, June 30 ■ 12:45 - 2</p>		

JUNE SPEAKER SERIES

Celebrating America's 250th in Chester County with Angela Scully
Tuesday, June 2 from 12:45-1:45
 Surrey's own Angela Scully, a member of the Chester County 250th America planning committee, gives insight on upcoming events.

Roads Scholars Travel with Suse Price
Thursday, June 11 from 12:45-1:45
 Those who travel with Road Scholar are active learners, not a passive tourists. Every day is thoughtfully planned. You'll learn from expert faculty and meet others who share a love of learning and adventure.

NEW! Beginner American "No-Card" Mahjong Lessons
Tuesdays June 2, 9, 16, and 30 from 10:45-11:30, (no class on 6/23)
 Looking to learn Mahjong? Tracy will be instructing on Tuesday mornings.

NEW! Silver Sneakers® Well-Balanced Program with Arlene
Thursdays June 4, 11, 18, 25 from 12:45-1:15
 A fall prevention and balance program designed for older adults with exercises to improve strength, balance, coordination, reaction time, and flexibility... in just 30-minute sessions!

Ask Us Anything about Surrey Transportation
Wednesday, June 10 from 11-2
 Diane will be in the lobby to answer question about our transportation services.

Farmers' Market Vouchers
Fridays, June 12 & 26, July 10 & 24, August 14 & 28 from 10:45-12:15
 Applications are available for vouchers through the 2026 Senior Farmers' Market Nutrition Program. For help, make an appointment or drop in at the above times.

The AI Revolution in Hearing Health: Smarter Tech, Greater Access
Friday, June 12 from 10-11:30
 Watch an expert panel at this year's HLAA Research Symposium provide an overview of AI and how it's being used in hearing aids in noisy environments.

Movie: Remarkably Bright Creatures
Monday, June 15 from 9:30-11:30
 A story of the unusual relationships between an older cleaning woman, a lost young man, and an octopus who meet at an aquarium.

Senator Comitta's Office
Tuesday, June 16 from 12:45-1:45
 Learn about all the ways your State Senator's office can assist you.

Patriotic Centerpiece Craft with Val
Wednesday, June 17 from 12:45-1:45
 Build a fireworks-inspired centerpiece for all of the upcoming patriotic holidays! Must pre-register. Cost is \$6.

Murder at the Manor: Mystery and 5-Course Lunch
Tuesday, June 23 from 11-2
 Play along and try to solve the mystery over a delicious 5-course lunch. Members \$15, Non-members \$18. Must pre-register!

Classical Music Celebrates America's 250th
Tuesday, June 30 from 12:45-1:45, reception to follow!
 A very special Classical Music program for a very special occasion.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Wake Up with Surrey, 9-9:45 1 Pinochle, 9-11:30 NEW! Beginner Embroidery, 10-11:15 Knitting & Crocheting, 10-11:30 Strength & Balance with Christina, 11-11:30 Lunch (pre-register), 11:30-12:30 Canasta, 12:45-3 Italian: Beginner Language, 12:45-1:45 Chicken Caesar Wrap	Wake Up with Surrey, 9-9:45 2 Tech Tues (by appt.), 9:30-11:30 NEW! Boggle, 10-11 SilverSneakers® <i>livestream</i> , 10-10:45 (free) Lunch (pre-register), 11:30-12:30 Writers Meetup, 12:45-1:45 Scrabble, 12:45-3 Turkey Burger	Wake Up with Surrey, 9-9:45 3 Chair Yoga with Denise, 9:45-10:30 Garden Club, 10:45-11:30 Strength/Stretch/Bal, 10:45-11:30 Lunch (pre-register), 11:30-12:30 Painting & Drawing, 12:30-2 NEW! Chess Club, 12:45-2:30 Rummikub Club, 12:45-2:30 Chili Cheese Dog	Wake Up with Surrey, 9-9:45 4 SilverSneakers® <i>virtual</i> , 9:45-10:15 (free) Dance Fit Gold, 10:30-11:15 Stronger Memory, 10:45-11:30 Lunch (pre-register), 11:30-12:30 Knitting/Crocheting/Fiber Arts Club, 12:45-2:30 Backgammon, 12:45-3:30 Bridge Basics, 12:45-2 Bridge, 12:45-3:45 Pulled Pork Sandwich	Wake Up with Surrey, 9-9:45 5 Cardio Drumming with Mary, 10-10:30 Rummikub, 10-11:30 Camera Club, 10:30-11:30 Balance & Flow, 10:45-11:30 Lunch (pre-register), 11:30-12:30 Indoor Cornhole Toss, 12:45-1:45 Canasta, 12:45-3 Mah-jong, 12:45-4 Pizza
Wake Up with Surrey, 9-9:45 8 Pinochle, 9-11:30 NEW! Beginner Embroidery, 10-11:15 Knitting & Crocheting, 10-11:30 Strength & Balance with Christina, 11-11:30 Lunch (pre-register), 11:30-12:30 Canasta, 12:45-3 Italian: Culture & History, 12:45-1:45 Baked Ziti with Vegetables	Wake Up with Surrey, 9-9:45 9 PA-Medi by appt., 9-12 Tech Tues (by appt.), 9:30-11:30 Ask Surrey's Nurse/BP Checks, 10-12 SilverSneakers® <i>livestream</i> , 10-10:45 (free) Lunch (pre-register), 11:30-12:30 Writers Meetup, 12:45-1:45 Classical Music <i>livestream</i> , 12:45-2 Scrabble, 12:45-3 Salad Sampler	Wake Up with Surrey, 9-9:45 10 Resource Navigator appt., 9:30-11:30 Chair Yoga with Denise, 9:45-10:30 Garden Club, 10:45-11:30 Strength/Stretch/Bal, 10:45-11:30 Lunch (pre-register), 11:30-12:30 Wisdom Circle Discussion Group, 12:45-2 Painting & Drawing, 12:30-2 Rummikub Club, 12:45-2:30 Fresh Herb Roasted Turkey	Wake Up with Surrey, 9-9:45 11 SilverSneakers® <i>virtual</i> , 9:45-10:15 (free) Dance Fit Gold, 10:30-11:15 Stronger Memory, 10:45-11:30 Lunch (pre-register), 11:30-12:30 Knitting/Crocheting/Fiber Arts Club, 12:45-2:30 Backgammon, 12:45-3:30 Bridge Basics, 12:45-2 Bridge, 12:45-3:45 Tuscan Chicken	Wake Up with Surrey, 9-9:45 12 Cardio Drumming with Mary, 10-10:30 Rummikub, 10-11:30 AI in Hearing Health, 10-11:30 Balance & Flow, 10:45-11:30 Lunch (pre-register), 11:30-12:30 Documentary Sampler Series: Our Planet, 12:45-1:45 Indoor Cornhole Toss, 12:45-1:45 Canasta, 12:45-3 Mah-jong, 12:45-4 Grilled Cheese with Ham
Wake Up with Surrey, 9-9:45 15 Pinochle, 9-11:30 NEW! Beginner Embroidery, 10-11:15 Knitting & Crocheting, 10-11:30 Strength & Balance with Christina, 11-11:30 Lunch (pre-register), 11:30-12:30 Veterans Lunch, 11:30-12:30 Canasta, 12:45-3 Italian: Beginner Language, 12:45-1:45 Beef Empanada	Wake Up with Surrey, 9-9:45 16 Tech Tues (by appt.), 9:30-11:30 SilverSneakers® <i>livestream</i> , 10-10:45 (free) Lunch (pre-register), 11:30-12:30 Writers Meetup, 12:45-1:45 Documentary Sampler Series: Cosmos Episode 2, 12:45-1:30 Scrabble, 12:45-3 Rosemary Roast Pork	Wake Up with Surrey, 9-9:45 17 Chair Yoga with Denise, 9:45-10:30 Caregiver Support Group, 10-11:30 Garden Club, 10:45-11:30 Strength/Stretch/Bal, 10:45-11:30 Lunch (pre-register), 11:30-12:30 Painting & Drawing, 12:30-2 Speaker Series: Medical Marijuana, 12:45-1:45 NEW! Chess Club, 12:45-2:30 Rummikub Club, 12:45-2:30 Ravioli in Homemade Sauce	Wake Up with Surrey, 9-9:45 18 SilverSneakers® <i>virtual</i> , 9:45-10:15 (free) Dance Fit Gold, 10:30-11:15 Stronger Memory, 10:45-11:30 Lunch (pre-register), 11:30-12:30 Knitting/Crocheting/Fiber Arts Club, 12:45-2:30 Backgammon, 12:45-3:30 Bridge Basics, 12:45-2 Bridge, 12:45-3:45 Chef Pedro's Quiche	Wake Up with Surrey, 9-9:45 19 Cardio Drumming with Mary, 10-10:30 Rummikub, 10-11:30 Balance & Flow, 10:45-11:30 Lunch (pre-register), 11:30-12:30 Indoor Cornhole Toss, 12:45-1:45 Outdoor Games and Ice Cream, 12:45-2 Canasta, 12:45-3 Mah-jong, 12:45-4 BBQ Chicken Flatbread
Wake Up with Surrey, 9-9:45 22 Pinochle, 9-11:30 NEW! Beginner Embroidery, 10-11:15 Knitting & Crocheting, 10-11:30 Strength & Balance with Christina, 11-11:30 Lunch (pre-register), 11:30-12:30 Canasta, 12:45-3 Italian: Movie, 12:45-1:45 Fried Fish Sandwich	Wake Up with Surrey, 9-9:45 23 PA-Medi by appt., 9-12 Tech Tues (by appt.), 9:30-11:30 Ask Surrey's Nurse/BP Checks, 10-12 SilverSneakers® <i>livestream</i> , 10-10:45 (free) Lunch (pre-register), 11:30-12:30 Jewelry: Wire Wrapping, 12:45-2:30 Writers Meetup, 12:45-1:45 Scrabble, 12:45-3 June Birthday Lunch Rosemary Lemon Chicken	Wake Up with Surrey, 9-9:45 24 Resource Navigator appt., 9:30-11:30 Chair Yoga with Denise, 9:45-10:30 Garden Club, 10:45-11:30 Strength/Stretch/Bal, 10:45-11:30 Lunch (pre-register), 11:30-12:30 Painting & Drawing, 12:30-2 Rummikub Club, 12:45-2:30 Pineapple Glazed Ham	Wake Up with Surrey, 9-9:45 25 SilverSneakers® <i>virtual</i> , 9:45-10:15 (free) Dance Fit Gold, 10:30-11:15 Stronger Memory, 10:45-11:30 Lunch (pre-register), 11:30-12:30 Knitting/Crocheting/Fiber Arts Club, 12:45-2:30 Backgammon, 12:45-3:30 Bridge Basics, 12:45-2 Bridge, 12:45-3:45 Diner Style Meatloaf	Wake Up with Surrey, 9-9:45 26 Cardio Drumming with Mary, 10-10:30 Rummikub, 10-11:30 Balance & Flow, 10:45-11:30 Lunch (pre-register), 11:30-12:30 Documentary Sampler Series: Our Planet, 12:45-1:45 Indoor Cornhole Toss, 12:45-1:45 Canasta, 12:45-2 Mah-jong, 12:45-2 Veggie Burger
Wake Up with Surrey, 9-9:45 29 Pinochle, 9-11:30 NEW! Beginner Embroidery, 10-11:15 Knitting & Crocheting, 10-11:30 Strength & Balance with Christina, 11-11:30 Lunch (pre-register), 11:30-12:30 Canasta, 12:45-3 Italian: Movie, 12:45-1:45 Oven Fried Chicken	Wake Up with Surrey, 9-9:45 30 Tech Tues (by appt.), 9:30-11:30 SilverSneakers® <i>livestream</i> , 10-10:45 (free) Lunch (pre-register), 11:30-12:30 Writers Meetup, 12:45-1:45 Documentary Sampler Series: Cosmos Episode 3, 12:45-1:30 Classical Music <i>livestream</i> , 12:45-2 Scrabble, 12:45-3 Baked Cheese Manicotti	 <p>Each month enjoy your favorite craft clubs and try some new ones. New artisanal crafting classes this month: Beginning Embroidery (5 sessions) ▪ Every Monday ▪ 10-11:15 Wire Wrapping ▪ Tuesday, June 23 ▪ 12:45-2:30</p>		

JUNE SPEAKER SERIES

The AI Revolution in Hearing Health: Smarter Tech, Greater Access
Friday, June 12 from 10:00-11:30

Watch an expert panel at this year's HLA Research Symposium provide an overview of AI and how it's being used in hearing aids in noisy environments.

Planning a Peaceful Retirement
Wednesday, June 17 from 10-11:30

The Caregiver Support Group host Rothkoff Law joins us to share more insight on retirement planning.

Medical Marijuana

Wednesday, June 17 from 12:45-1:45

Mary Werdebaugh, the Director of Community Outreach at Organic Remedies, joins us to discuss the uses of medical marijuana.

DOCUMENTARY SAMPLER SERIES CONTINUES

Our Planet: Episodes 2 & 3

Fridays, June 12 & 26 from 12:45-1:45

"Frozen Worlds" shows what lives above and below the ice in the harshest climates on the planet. Then explore symbiotic relationships as you learn about gorillas, treeshrews, birds-of-paradise, and more in "Jungles".

Cosmos: Episodes 2 & 3

Tuesdays, June 16 & 30 from 12:45-1:30

Episode 2: "Some of the Things That Molecules Do" dives into DNA, evolution, and extinction. Episode 3: "When Knowledge Conquered Fear" about the history of using astronomy and math to explain and predict.

Beginner Embroidery Workshop with Zurn
Mondays in June from 10-11:15

Learn the basic embroidery stitches with artist, Zurn Perry. Please register. Supply fee: \$6 for the whole workshop.

New! Chess Club
Wednesdays June 3 and 17 from 12:45-2:30

Both beginning & experienced players are welcome. Please register.

Beginner Bridge Basics
Thursdays in June from 12:45-2

Never played bridge, but want to learn? Learn the basics using "Tricky Bridge," and try your hand at a game with other beginners.

Outdoor Games and Ice Cream
Friday, June 19 from 12:45-2

Mini golf, bocce, cornhole and ice cream!

Jewelry: Wire Wrapping
Tuesday, June 23 from 12:45-2:30

Join Lorraine for a beginner wire wrapping class and make a necklace or bracelet. Registration required. Supply fee: \$6

Book Club will be on summer hiatus.
September's book is "When the English Fall", by David Williams.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Virtual Morning Stretch, 9-9:45 1 Weaving, 10-11:30 (\$1) SilverSneakers®-Stretch & Balance, 10-10:45 (\$3) Mahjong, 10-11:30 Blood Pressure Checks, 11-1 Lunch, 11:45-12:30 Billiards, 12-3 (\$1) Italian Language with Tony, 1 * Bridge Workshop, 1 Poker, 1-3:30 (\$1) Wii Bowling, 1-3 Salisbury Steak	CVIM Dental Appts. 8:30-3 * 2 Chair Massage, 9-1 * Bocce, 9:30 * iPhone Photo Class, 10 or 10:30 * Knit Wits, 10-11:45 (\$1) Canasta, 10-2 (\$1) LIFT, 11-11:45 * Lunch, 11:45-12:30 Cardio Drumming, 12:45 * Games, 1-3 (\$1) Bingo, 1:30-4 (\$1) Chair Yoga, 1:30-2:15 BBQ Pork Ribbette	Open Art Studio, 9-1 (\$1) 3 Dance Fitness with Ro, 10-10:45 (\$3) Walking Club, 10 Board Games for your Brain, 10 Cardio Drumming, 11 (\$3) * Lunch, 11:45-12:30 Poker, 1-3:30 (\$1) Rummikub Club, 1-2 (\$1) Scrabble, 1 Crossword Puzzle, 2-3 Chicken Cordon Blue	CVIM Dental Appts. 8:30-3 * 4 Zumba, 10-10:45 Reiki, 10-11:45 * Pinochle/Cards, 10-3 (\$1) LIFT, 11-11:45 * Lunch, 11:45-12:30 Billiards, 12:30-3:30 (\$1) Craft Project, 12:45-3 Games, 1-3 (\$1) Book Club, 1:30-2:30 Calming Coloring, 2-2:45 BBQ Roast Beef on Club Roll	CVIM Dental Appts. 9:15-3:15 * 5 Chair Massage, 9-1 * Bocce, 9:30 * Inspire Mind & Memory, 10-10:45 Strength, Flex. & Balance, 10 (\$3) Line Dancing, 11-11:45 (\$3) Duplicate Bridge, 11-3:30 (\$1) Lunch, 11:45-12:30 Bean Bag Battle, 1 Beading with Mary, 1 (\$1) Table Tennis, 1-3 Crabcake & Mac & Cheese
Virtual Morning Stretch, 9-9:45 8 Weaving, 10-11:30 (\$1) SilverSneakers®-Stretch & Balance, 10-10:45 (\$3) Mahjong, 10-11:30 Blood Pressure Checks, 11-1 Lunch, 11:45-12:30 Billiards, 12-3 (\$1) Italian Language with Tony, 1 * Bridge Workshop, 1 Poker, 1-3:30 (\$1) Wii Bowling, 1-3 Cheese Burger	CVIM Dental Appts. 8:30-3 * 9 Chair Massage, 9-1 * Bocce, 9:30 * iPhone Photo Class, 10 or 10:30 * Knit Wits, 10-11:45 (\$1) Canasta, 10-2 (\$1) Virtual Morning Stretch, 11-11:45 * Lunch, 11:45-12:30 Cardio Drumming, 12:45 * Games, 1-3 (\$1) Bingo, 1:30-4 (\$1) Chair Yoga, 1:30-2:15 Seafood Salad on Ciabatta	Open Art Studio, 9-1 (\$1) 10 Dance Fitness with Ro, 10-10:45 (\$3) Walking Club, 10 Board Games for your Brain, 10 Cardio Drumming, 11 (\$3) * Lunch, 11:45-12:30 Victim Assistance Presentation, 1 Poker, 1-3:30 (\$1) Rummikub Club, 1-2 (\$1) Scrabble, 1 Crossword Puzzle, 2-3 Cheese Omelet & French Toast	CVIM Dental Appts. 8:30-3 * 11 Zumba, 10-10:45 Reiki, 10-11:45 * Pinochle/Cards, 10-3 (\$1) Virtual Morning Stretch, 11-11:45 * Lunch, 11:45-12:30 Billiards, 12:30-3:30 (\$1) Learning Differences Presentation, 1 Games, 1-3 (\$1) Calming Coloring, 2-2:45 Italian Meats on Kaiser	CVIM Dental Appts. 9:15-3:15 * 12 Chair Massage, 9-1 * Bocce, 9:30* Inspire Mind & Memory, 10-10:45 Strength, Flex. & Balance, 10 (\$3) Line Dancing, 11-11:45 (\$3) Duplicate Bridge, 11-3:30 (\$1) Lunch, 11:45-12:30 Quizzo, 1 Beading with Mary, 1 (\$1) Table Tennis, 1-3 Baked Tilapia
Virtual Morning Stretch, 9-9:45 15 Weaving, 10-11:30 (\$1) SilverSneakers®-Stretch & Balance, 10-10:45 (\$3) Mahjong, 10-11:30 Blood Pressure Checks, 11-1 Lunch, 11:45-12:30 Billiards, 12-3 (\$1) Italian Language with Tony, 1 * Bridge Workshop, 1 Poker, 1-3:30 (\$1) Wii Bowling, 1-3 Sunday Roasted Chicken	CVIM Dental Appts. 8:30-3 * 16 Chair Massage, 9-1 * Bocce, 9:30 * iPhone Photo Class, 10 or 10:30 * Knit Wits, 10-11:45 (\$1) Canasta, 10-2 (\$1) LIFT, 11-11:45 * Lunch, 11:45-12:30 Cardio Drumming, 12:45 * Games, 1-3 (\$1) Bingo, 1:30-4 (\$1) Chair Yoga, 1:30-2:15 Sliced Beef Au Jus	Open Art Studio, 9-1 (\$1) 17 Dance Fitness with Ro, 10-10:45 (\$3) Walking Club, 10 Board Games for your Brain, 10 Cardio Drumming, 11 (\$3) * Lunch, 11:45-12:30 Poker, 1-3:30 (\$1) Rummikub Club, 1-2 (\$1) Scrabble, 1 Crossword Puzzle, 2-3 Breaded Chicken Strips	CVIM Dental Appts. 8:30-3 * 18 Zumba, 10-10:45 Reiki, 10-11:45 * Pinochle/Cards, 10-3 (\$1) Tech Thursday, 11-2 * LIFT, 11-11:45 * Lunch, 11:45-12:30 Billiards, 12:30-3:30 (\$1) Musical Bingo, 1-3 Games, 1-3 (\$1) Calming Coloring, 2-2:45 Turkey & Cheddar Pinwheels	CVIM Dental Appts. 9:15-3:15 * 19 Chair Massage, 9-1 * Bocce, 9:30* Inspire Mind & Memory, 10-10:45 Strength, Flex. & Balance, 10 (\$3) Line Dancing, 11-11:45 (\$3) Duplicate Bridge, 11-3:30 (\$1) Father's Day Lunch, 11:45-12:30 Beading with Mary, 1 (\$1) Table Tennis, 1-3 Baked Chicken Leg w/ Gravy
Virtual Morning Stretch, 9-9:45 22 Weaving, 10-11:30 (\$1) SilverSneakers®-Stretch & Balance, 10-10:45 (\$3) Mahjong, 10-11:30 Blood Pressure Checks, 11-1 Lunch, 11:45-12:30 Billiards, 12-3 (\$1) Italian Language with Tony, 1 * Bridge Workshop, 1 Poker, 1-3:30 (\$1) Stuffed Shells	CVIM Dental Appts. 8:30-3 * 23 Chair Massage, 9-1 * Bocce, 9:30 * iPhone Photo Class, 10 or 10:30 * Knit Wits, 10-11:45 (\$1) Canasta, 10-2 (\$1) LIFT, 11-11:45 * Lunch, 11:45-12:30 Cardio Drumming, 12:45 * History Presentation, 1 Games, 1-3 (\$1) Bingo, 1:30-4 (\$1) Chair Yoga, 1:30-2:15 Classic Egg Salad on Rye	Open Art Studio, 9-1 (\$1) 24 Dance Fitness with Ro, 10-10:45 Walking Club, 10 Board Games for your Brain, 10 Cardio Drumming, 11 (\$3) * Lunch, 11:45-12:30 Poker, 1-3:30 (\$1) Rummikub Club, 1-2 (\$1) Scrabble, 1 Crossword Puzzle, 2-3 Pasta & Meatballs	CVIM Dental Appts. 8:30-3 * 25 Zumba, 10-10:45 Reiki, 10-11:45 * Pinochle/Cards, 10-3 (\$1) LIFT, 11-11:45 * Lunch, 11:45-12:30 Billiards, 12:30-3:30 (\$1) All American Dance Party, 1-3 Games, 1-3 (\$1) Calming Coloring, 2-2:45 Creamy Paprika Chicken	CVIM Dental Appts. 9:15-3:15 * 26 Chair Massage, 9-1 * Bocce, 9:30* Inspire Mind & Memory, 10-10:45 Strength, Flex. & Balance, 10 (\$3) Line Dancing, 11-11:45 (\$3) Duplicate Bridge, 11-3:30 (\$1) Lunch, 11:45-12:30 Beading with Mary, 1 (\$1) Table Tennis, 1-3 Baked Stuffed Fish
Virtual Morning Stretch, 9-9:45 29 Weaving, 10-11:30 (\$1) SilverSneakers®-Stretch & Balance, 10-10:45 (\$3) Mahjong, 10-11:30 Blood Pressure Checks, 11-1 Lunch, 11:45-12:30 Billiards, 12-3 (\$1) Italian Language with Tony, 1 * Bridge Workshop, 1 Poker, 1-3:30 (\$1) Movie with Popcorn, 1 Salisbury Steak w/ Gravy	CVIM Dental Appts. 8:30-3 * 30 Chair Massage, 9-1 * Bocce, 9:30 * iPhone Photo Class, 10 or 10:30 * Knit Wits, 10-11:45 (\$1) Canasta, 10-2 (\$1) LIFT, 11-11:45 * Lunch, 11:45-12:30, June Birthdays Cardio Drumming, 12:45 * Games, 1-3 (\$1) Bingo, 1:30-4 (\$1) Chair Yoga, 1:30-2:15 BBQ Pork Ribbette	<div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <p style="text-align: center;">Delaware County Victim Assistance Center</p> <p style="text-align: center;">Wednesday, June 10 • 1</p> <p style="text-align: center;">Learn about fraud & scam prevention and victim assistance.</p> </div> <div style="width: 45%;"> <p style="text-align: center;">Learning Differences Presentation</p> <p style="text-align: center;">Thursday, June 11 • 1</p> <p style="text-align: center;">Gain insight into your own learning style and the characteristics of friends and family with Rich Cooper, PhD, of Harcum College</p> </div> </div>		

JUNE SPEAKER SERIES
Delaware County Victim Assistance Center
Wednesday, June 10 at 1
 Learn about fraud & scam prevention and victim assistance.

Learning Differences Presentation
Thursday, June 11 at 1
 Gain insight into your own learning style and the characteristics of friends and family with Rich Cooper, PhD, of Harcum College.

History Presentation
Tuesday, June 23 at 1
 Kenneth Romanowski discusses early American life in Philadelphia, the History of Banking and funding of the Revolutionary War.

Free Dental Care provided by Community Volunteers in Medicine (CVIM)
 For more information, call 484-451-8899 or speak with one of the CVIM staff.

Italian Language with Tony Morinelli
Mondays, June 1, 8, 15, 22, 29 at 1
 Unlock your Italian potential! Join this conversational class designed for all levels to build fluency. Register at the reception desk.

Bridge Workshop
Mondays, June 1, 8, 15, 22, 29 at 1
 Learn Bridge or strengthen your skills with John Pino.

Walking Club at Veteran's Park
Wednesdays, June 3, 10, 17, 24 at 10
 Connect with Surrey members. Meet at the arch and walk at your own pace.

Book Club
Thursday, June 4, 1:30 Fly Away Home by Jennifer Weiner
Thursday, July 2, 1:30 How the Word is Passed by Clint Smith
Thursday, August 6, 1:30 In the Midst of Winter by Isabel Allende

Bean Bag Battle
Friday, June 5 at 1
 Join other members in a game of Bean Bag Toss. Play one-on-one or form teams and compete against each other. Fun for all skill levels.

Quizzo
Friday, June 12 at 1
 Engage your brain by answering trivia questions hosted by Mac.

Musical Bingo
Thursday, June 18 from 1-3
 DJ Len swaps numbers for melodies and cranks Bingo up to a tuneful eleven!

Father's Day Lunch
Friday, June 19, 11:45-12:30
 Baked Chicken Leg, Mac and Cheese, Chocolate Cake

All American Dance Party
Thursday, June 25 from 1-3
 Dress in Red, White and Blue to kick off the 250th anniversary of the nation and enjoy a playlist featuring all American artists!

REMINDER: Programs with an * require pre-registration or appointments.
Please see the reception desk or call 610-446-2070

Parking Tips at Surrey Broomall
 Consider forming a carpool group with others attending the same events. Parking is allowed on Parkway Drive and Sussex Blvd. Parking near the dumpster, on the grass, or in the adjacent Auto Parts parking lot is prohibited.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>We're excited to welcome you to the new Surrey Media located at 176 S. New Middletown Road, Media, PA 19063!</p> <p>Please be patient as we learn our new routine and get settled in the new center. We're getting things ready for you!</p>				<p>Continental Breakfast, 9-10 5 Scam Jam! with State Rep Lisa Borowski, 10-12 Lunch, 12-12:45 Surrey 101: Learn About our Programs and Services, 1 First Friday Bingo Bonanza, 1-2 Center Tours, 1-3</p>
<p>JOIN US FOR OPEN HOUSE, QUICK TOURS Thursday, June 11 and Friday, June 12.</p> <p>Surrey Media will be open with programs starting Monday, June 15.</p> <p>We ask that you refrain from coming to the center on closed days while we get the last details in place for the community.</p>			<p>Open House 10 AM – 2 PM 11 Join us for a tour of Surrey Media! 176 S. New Middletown Road, Media, PA 19063</p>	<p>Open House 10 AM – 2 PM 12 Join us for a tour of Surrey Media! 176 S. New Middletown Road, Media, PA 19063</p>
<p>Coffee with Carrie, 9-10 15 Strength & Stretch, 10-10:40 Rummikub Club, 10-11 Beginner Cardio Drumming (Screenshared), 11 Mindful Monday, 11:30-12 Lunch, 12-12:45 Make Your Point w/ Alanna, 1:15</p> <p>Sunday Roasted Chicken</p>	<p>Wake up with Surrey, 9-10 16 Mexican Train Dominoes Lesson & Play, 10-11 SilverSneakers®, 10-10:45 Lunch, 12-12:45 Uno, 1-2 Watercolor, 1-3 Zoom Group Crossword, 3-4</p> <p>Chicken Breast on Kaiser Roll</p>	<p>Wake up with Surrey, 9-10 17 Strength & Stretch, 10-10:40 Bingo, 10:45-11:30 Lunch, 12-12:45 Program Planning Interest Meeting, 1 Blood Pressure Checks w/ Darlene, 1-2 SilverSneakers® Stability, 1-1:40</p> <p>Breaded Chicken Strips</p>	<p>Wake Up with Surrey, 9-10 18 SilverSneakers® Classic, 10-10:45 Chair Yoga w/ Joanne, 11 Surrey Hiking Club at Longview Park (Media), 11 Lunch, 12-12:45 Surrey Gives Back: Make Cards for HDM Recipients, 1-2 Watercolor, 1-3</p> <p>Turkey & Cheddar Pinwheel</p>	<p>Wake Up with Surrey, 9-10 19 Strength & Stretch, 10-10:40 Feel the Rhythm Fitness Class w/ Kyle, 11-11:30 Lunch & Learn w/ Carrie, 12:30-1 Father's Day Ice Cream Social and Cornhole Tournament, 1-2</p> <p>Father's Day Luncheon</p>
<p>Coffee with Carrie, 9-10 22 Volunteer Interest Fair, 10-12 Strength & Stretch, 10-10:40 Rummikub Club, 10-11 Beginner Cardio Drumming (Screenshared), 11 Mindful Monday, 11:30-12 Lunch, 12-12:45 Brain Health Project, 1</p> <p>Stuffed Shells</p>	<p>Wake Up with Surrey 9-10 23 SilverSneakers® 10-10:45 Farmers Market Voucher Distribution, 10-12 Floor Yoga w/ Suzanne, 11 Lunch, 12-12:45 Bridge Club Interest Meeting, 1 Watercolor, 1-3 Zoom Group Crossword, 3-4</p> <p>Egg Salad Sandwich</p>	<p>Wake Up with Surrey, 9-10 24 Massage w/ Dahana (by appt), 9-1 Strength & Stretch, 10-10:40 Bingo, 10:45-11:30 Book Club Interest Meeting, 11 Lunch, 12-12:45 SilverSneakers® Stability, 1-1:40 Poker, 1-2 Brain Health Project, 1</p> <p>Pasta & Meatballs</p>	<p>Wake Up with Surrey, 9-10 25 SilverSneakers® Classic, 10-10:45 Chair Yoga w/ Joanne, 11 Lunch, 12-12:45 Musical Bingo, 1-2 Watercolor, 1-3</p> <p>BLT</p>	<p>Wake Up with Surrey, 9-10 26 Strength & Stretch, 10-10:40 Feel the Rhythm Fitness Class w/ Kyle, 11-11:30 Lunch, 12-12:45 June Birthday Party, 12:30 Pinochle Club Interest Meeting, 1 Karaoke Sing Along, 1-2</p> <p>Stuffed Baked Fish</p>
<p>Coffee with Carrie, 9-10 29 Strength & Stretch, 10-10:40 Rummikub Club, 10-11 Beginner Cardio Drumming (Screenshared), 11 Mindful Monday, 11:30-12 Lunch, 12-12:45 Make Your Point with Alanna, 1-2 Brain Health Project, 1</p> <p>Salisbury Steak</p>	<p>Wake Up with Surrey, 9-10 30 SilverSneakers®, 10-10:45 Farmers Market Voucher, 10-12 Floor Yoga w/ Suzanne, 11 Lunch, 12-12:45 Semiquincentennial Music Program (live streamed), 12:45-2 Watercolor, 1-3 Zoom Group Crossword, 3-4</p> <p>Chicken Salad</p>	<p>Program Planning Meeting Wednesday, June 17 - 1 Have an activity you want to host or see offered in Media? Join us as we brainstorm and plan for future programs. All are welcome!</p>		<p>Brain Health Project Monday & Wednesday at 1 starting June 22. This is a 7-week program. You only need to attend one session per week! Research shows that structured, engaging activities can support brain health. This program supports a Doctor of Nursing Practice (DNP) capstone project.</p>

Surrey charges nominal fees for meals and classes led by a paid instructor, such as exercise or those that require supplies, materials, equipment, or maintenance. A Surrey membership helps to pay for overhead not completely funded by COSA and makes programs available to all. If you have difficulty paying for classes, please contact your center director or Surrey member services.



Surrey Puts the Auto in Autonomy

Begin your travels with less stress, thanks to Surrey Transportation. Surrey offers flat-rate rides for older adults to Philadelphia Airport or Philadelphia Cruise Port for \$72 each way for the first two riders, and \$10 for each additional rider. Please call to schedule at least 10-14 days prior to travel.

Need to travel to Philadelphia for a medical appointment or procedure? Surrey Transportation also offers personal driving service to Philadelphia for \$50 per hour (non-Surrey members) or \$33 per hour (Surrey members). Please call to schedule at least 10-14 days prior to travel.

Call Transportation at 610-993-9493 or visit <https://surreyservices.org/services/get-around/>

PA Farmers Market Nutrition Program

Farmers Market Vouchers for eligible, low-income households in Chester County and Delaware County will be available beginning in mid-June at Surrey Broomall, Surrey Devon, and Surrey Media. This program provides access to fresh, nutritious, locally grown fruits, vegetables, and herbs from Pennsylvania farms.

Please contact the center closest to you to confirm eligibility and voucher pick-up dates. Quantities are limited, and vouchers will be distributed while supplies last.



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BROOMALL

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BRYN MAWR

119 Radnor Street, Bryn Mawr, PA 19010 • 484-222-4930

DEVON

60 Surrey Way, Devon, PA 19333 • 610-647-6404

MEDIA *New Location!*

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Consignment Shop

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OUR MISSION

Surrey inspires and enables all of us, as we age,
to live with independence and dignity,
and as engaged members of the community.



**NEW Surrey Media
location open
for programs June 15!**

See the Media calendar page
for more information.