

OCTOBER 2026 | BROOMALL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Lemon Caper Chicken	29 Tuna & Egg Salad Platter	30 Shrimp Scampi	1 Eggplant Parmesan	2 Turkey w/ Citrus Thyme Gravy
5 Philly Cheeseburger	6 Chicken Tortilla Soup & Roast Beef Sandwich	7 Ravioli w/ Red Pepper Sauce	8 Cream of Mushroom Soup & Grilled Chicken Caesar Wrap	9 Roast Beef w/ Gravy
12 Sweet & Sour Chicken	13 Roast Pork Loin w/ Gravy	14 Tomato Glazed Meatloaf	15 Tomato Soup & Corned Beef & Swiss on Rye	16 Crispy Cheese Cod
19 Cheese Lasagna	20 Chicken & Wild Rice Soup & Italian Hoagie	21 Salisbury Steak	22 Crabcake & Mac & Cheese	23 Korean BBQ Beef
26 Lemon-Caper Chicken	27 Chicken Pot Pie & Tossed Salad	28 Shrimp Scampi	29 Eggplant Parmesan	30 Ghoulish Beef Goulash